

# Juneau Senior Housing + Services Community Workshop

July 2014

Introductions

# Agenda

History + Study Methodology

Topic #1 Context

*Audience Questions*

Topic #2 What Housing + Service Options are Available

*Audience Questions*

Small Group Breakout #1

Topic #3 What are Options for the Future? What do they Cost?

*Audience Questions*

Small Group Breakout #2

Wrap Up + Next steps

# What is the Issue?

Today:

3,200 people 65 and older in Juneau (10% of pop)

Future:

In 10 years: 4,300 (13% of pop)

In 20 years: 6,800 (20% of pop)

Farther in the Future:

After 2032: the baby boomers begin to age out

How does Juneau plan for this significant but temporary demographic shift?

# Will Seniors Choose to Stay in Juneau?

- If so, where will they live?
- What services will they need?
- How will services be provided?
- What can they afford?
- Tonight we need your help to continue figuring this out.

# How will Your Feedback be Used?

## Informs the Senior Housing + Services Demand Study

- Focuses on assisted living
- Identifies gaps along the continuum of care for seniors

Continue the community effort to plan for an aging population

# Why is Your Feedback Critical?

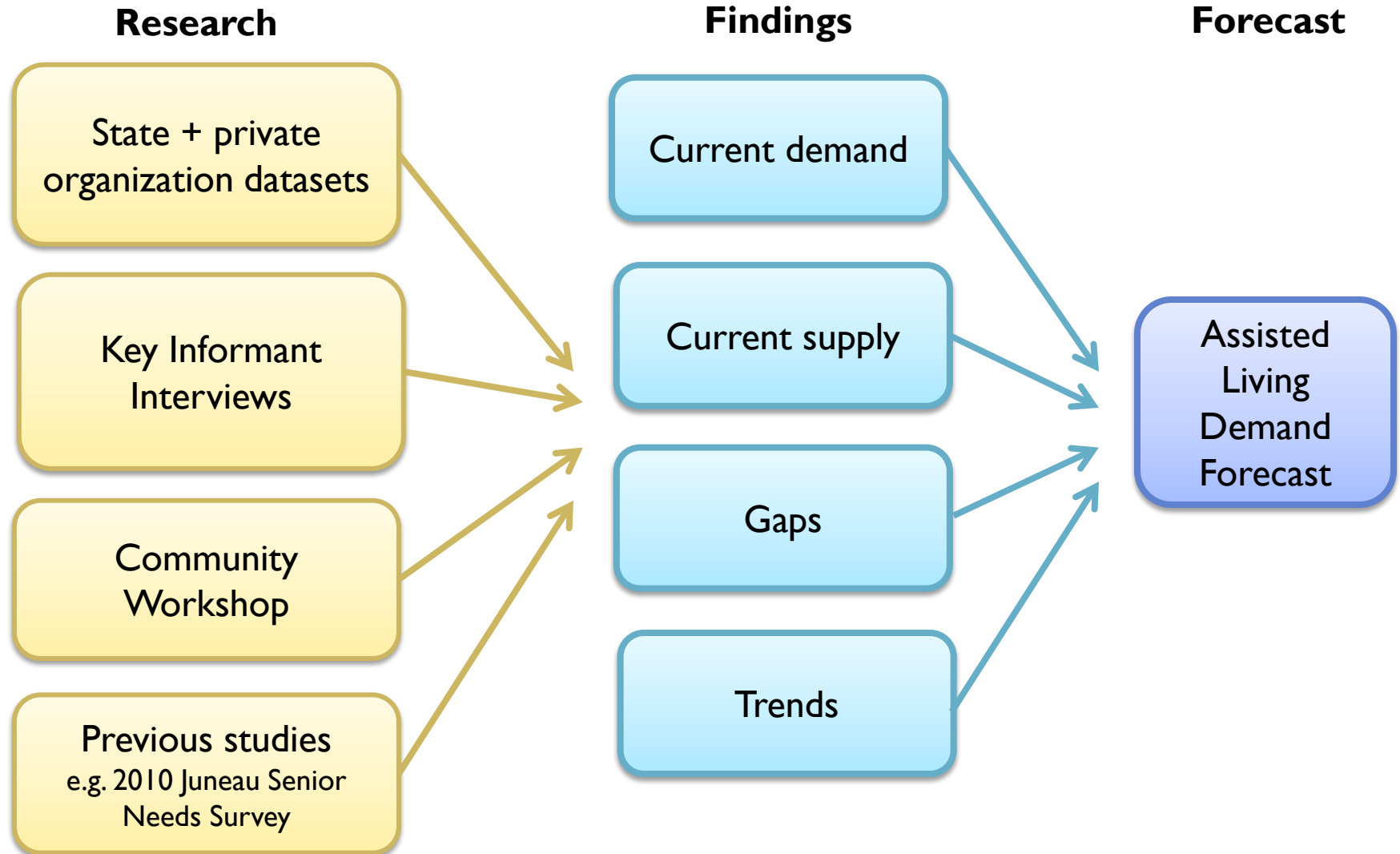
- Assisted living and senior services are expensive.
- In many communities, assisted living requires a public/private partnership.
- If the community and private sector are going to invest...

We need to know what individuals are willing to commit to and what they are willing to pay

# History + Context



# Study Methodology





# Key Informant Interviews

## Case Studies

- Haines Assisted Living
- Fireweed Place
- Juneau Pioneer Home
- Primrose Retirement Community
- Raven Landing
- St.Vincent de Paul
- Wildflower Court
- Retirement Housing Foundation
- Other case studies

## Services

- Catholic Community Services
- Cornerstone Home Care
- Southeast Alaska Independent Living
- Priority Health Care

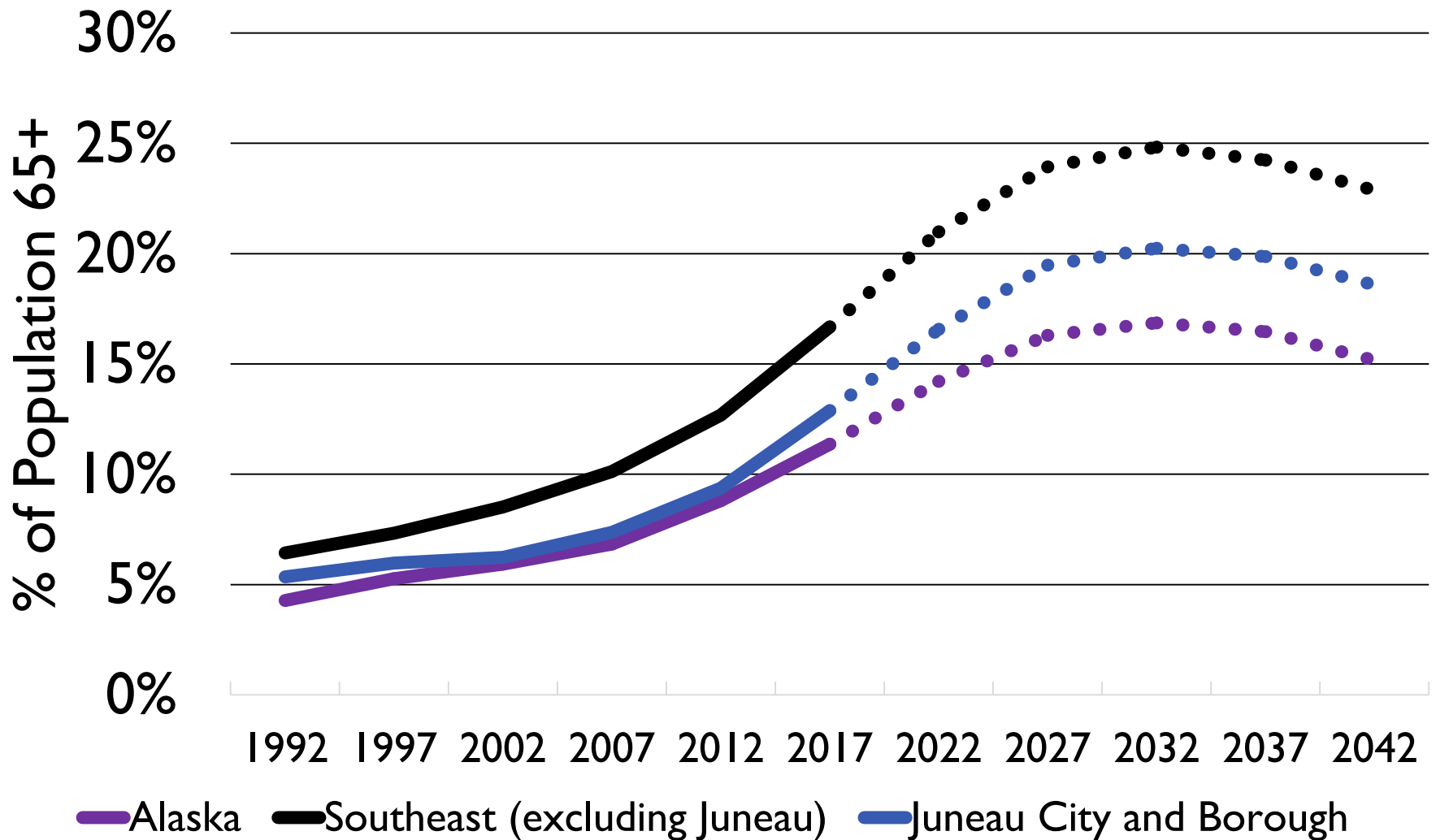
## Policy/Leadership

- State AHFC
- State DHSS
- Juneau Commission on Aging
- Univ Alaska Southeast
- SEARHC
- THRHA
- Central Council
- City + Borough of Juneau

# Topic # 1

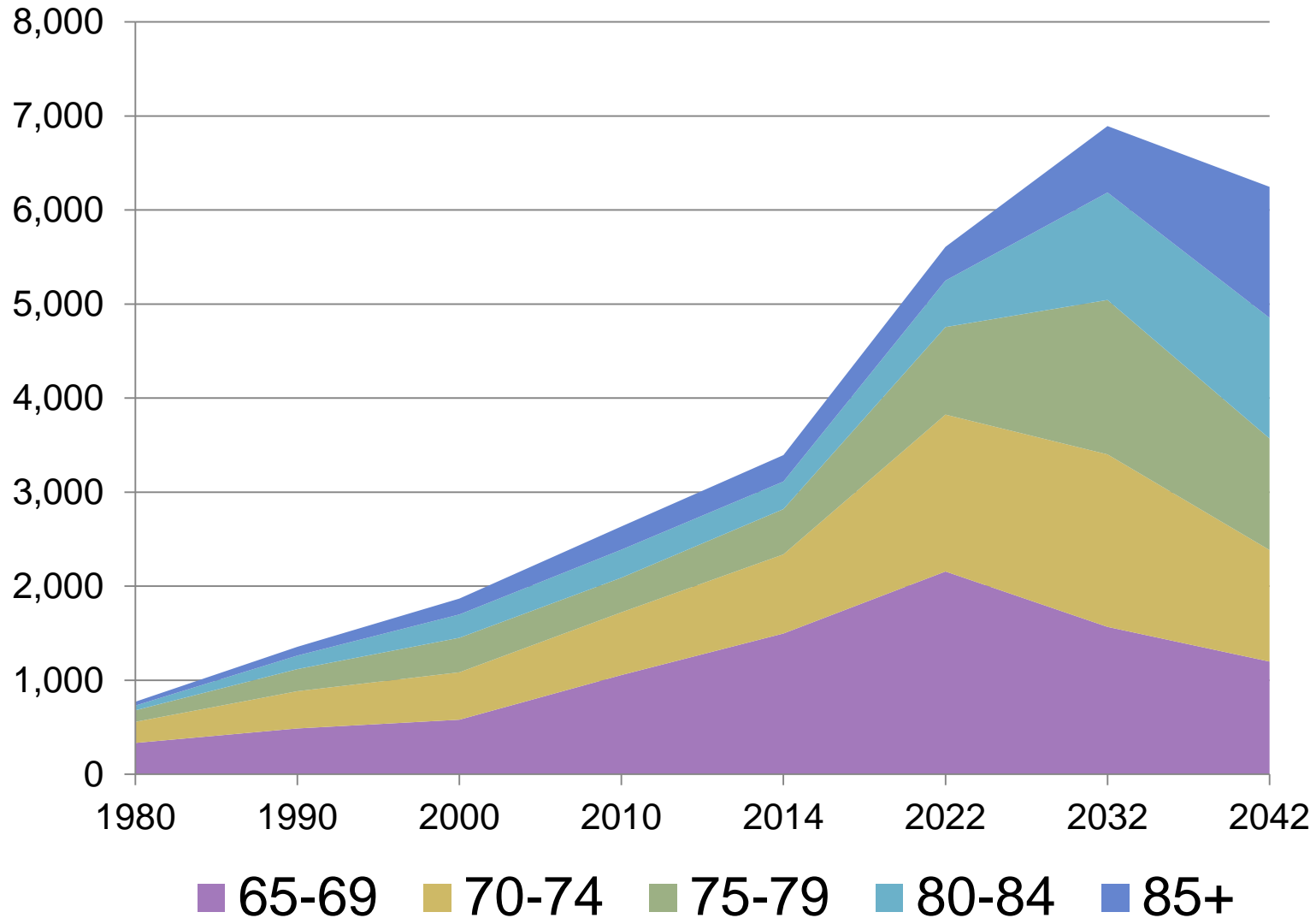
## Context

# The Silver Tsunami

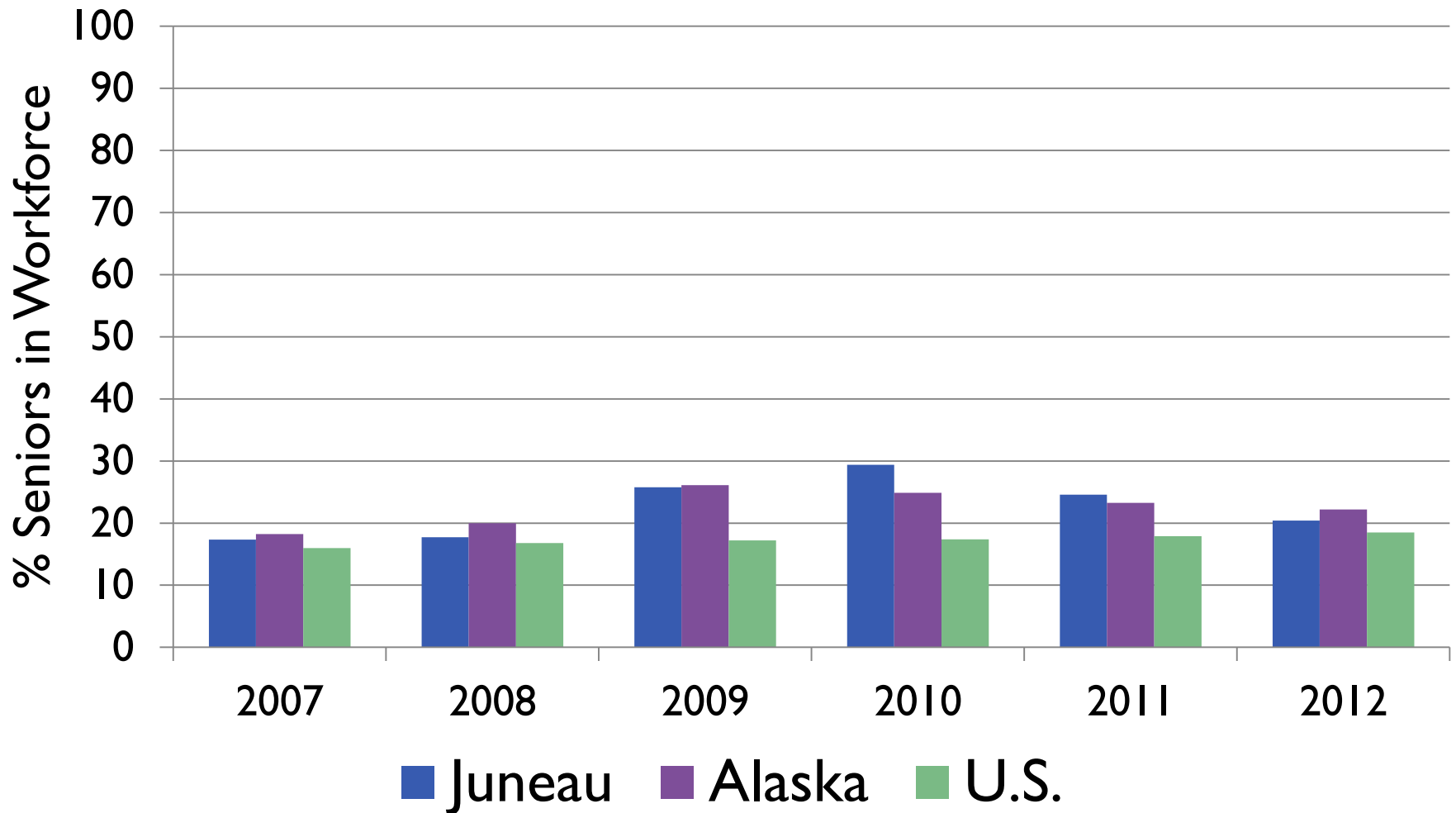


# 85+ Age Group Peaks by 2042

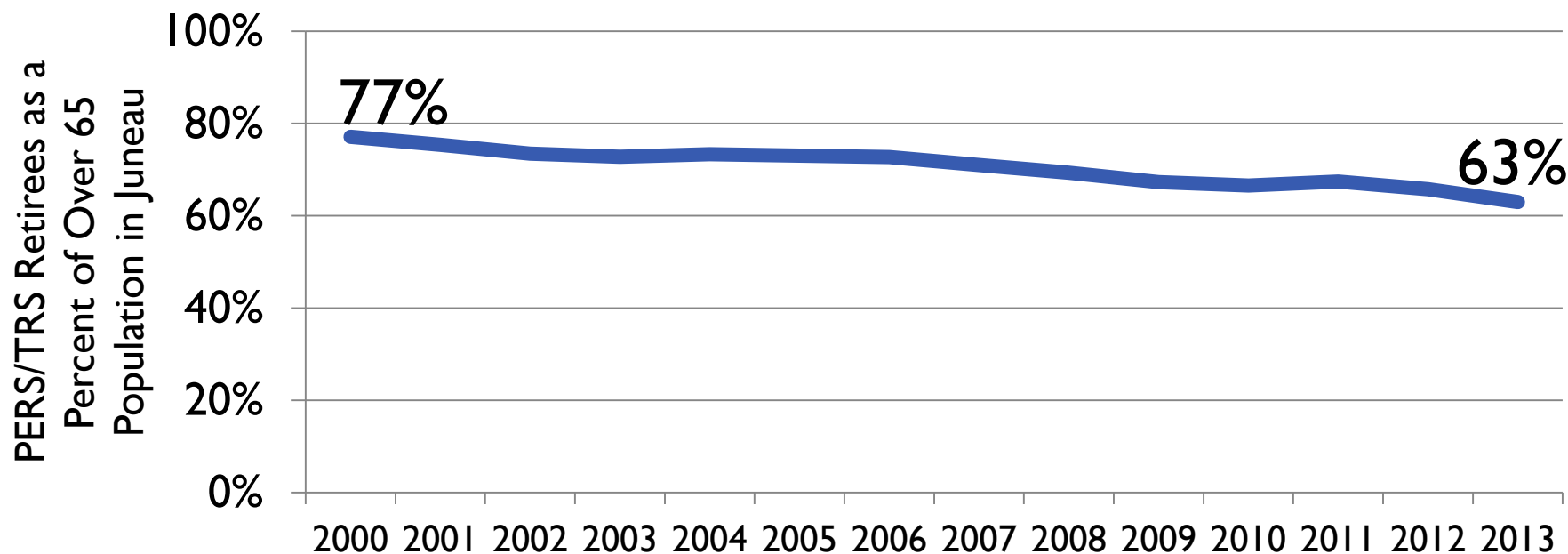
## Age Distribution of Seniors in Juneau



# Juneau Seniors Participate in the Labor Force

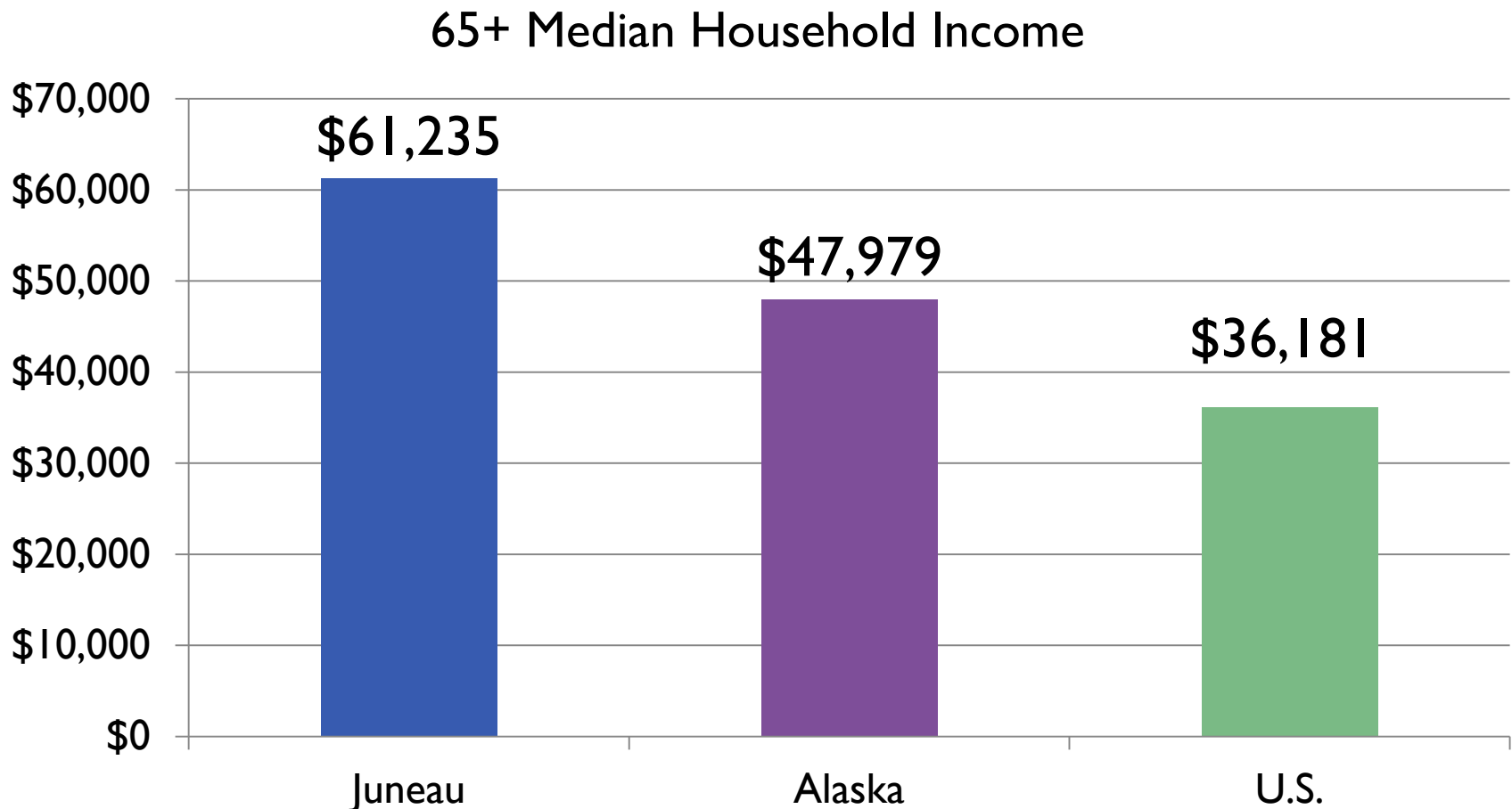


# The Majority of Juneau Seniors (65+) Have a PERS/TRS Defined Benefit Retirement

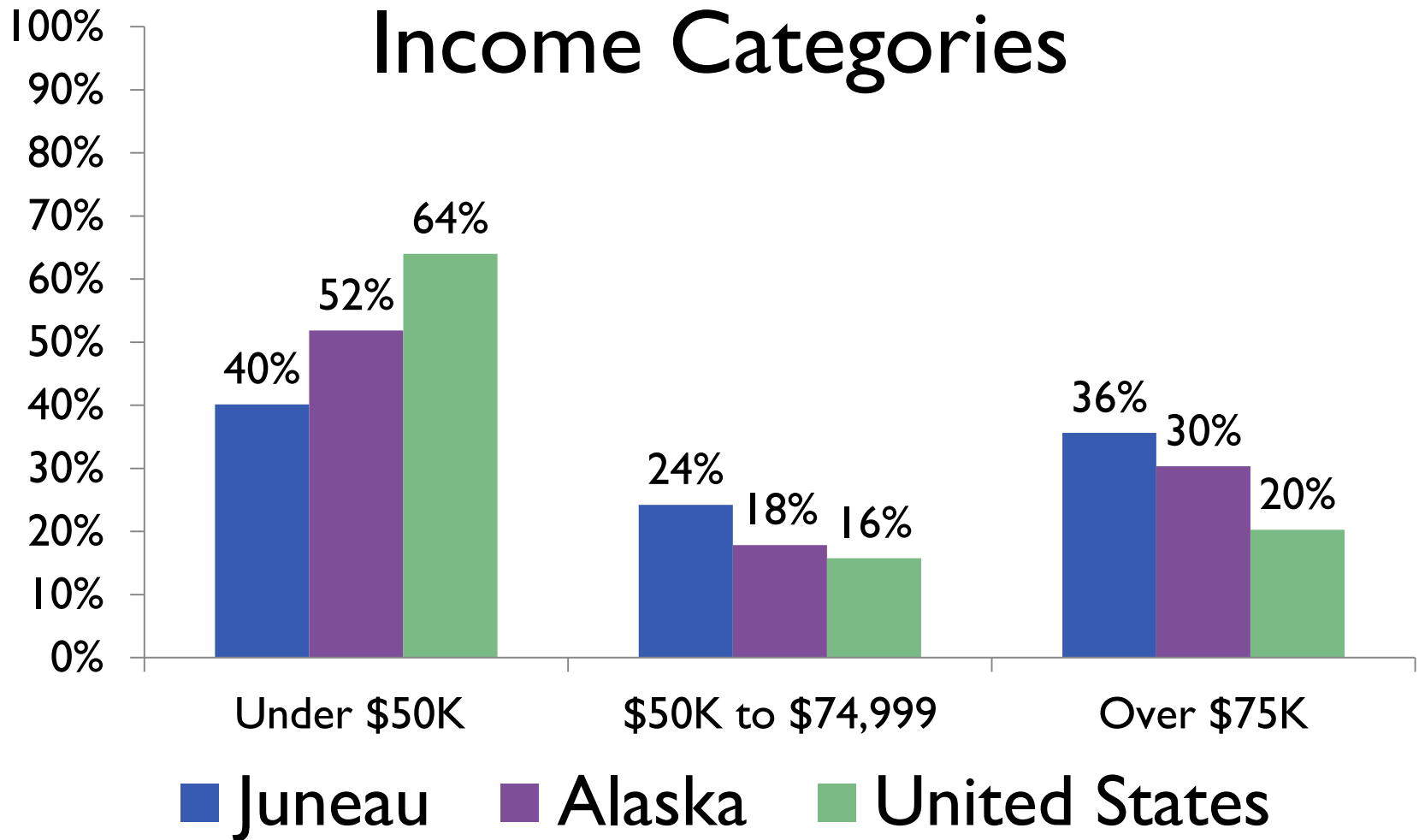


In contrast, 30% of 65+ population nationally receive income from a pension or a 401K.

# Median Income for Seniors in Juneau is Higher than Alaska + U.S.

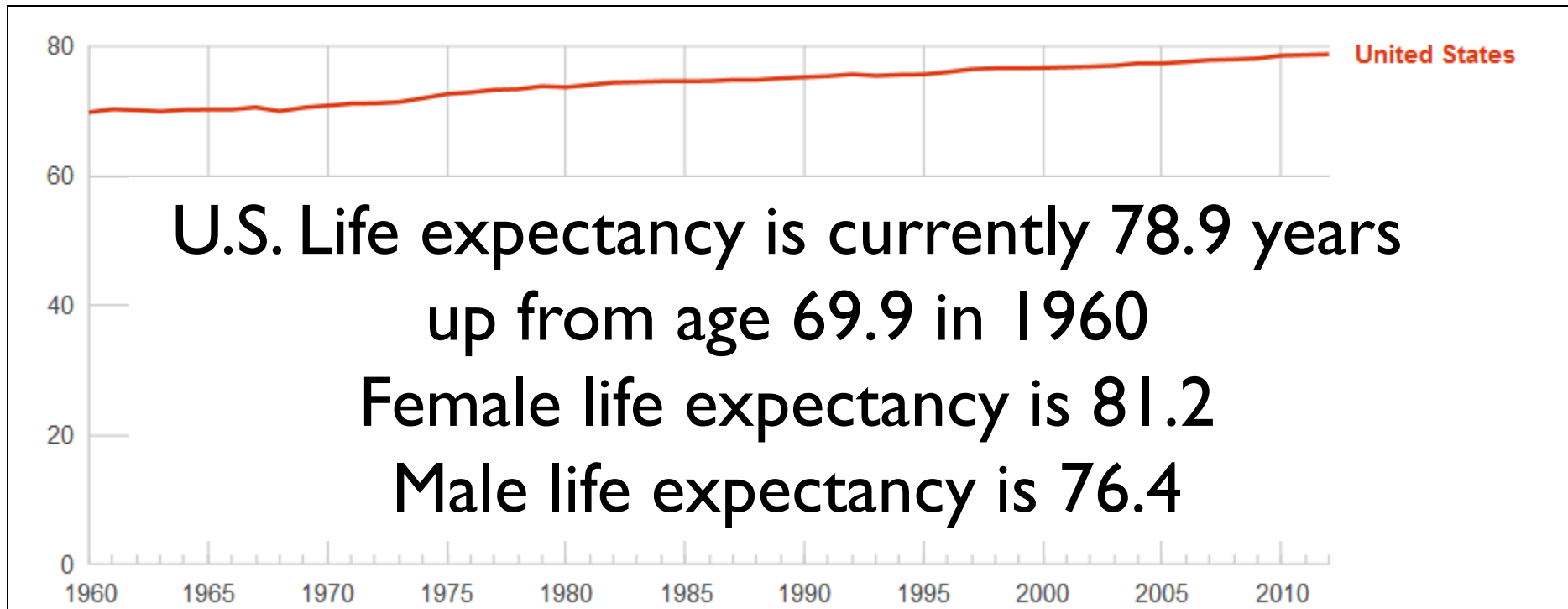


# Juneau Has a Higher Proportion of Senior Households (65+) in Upper Income Categories



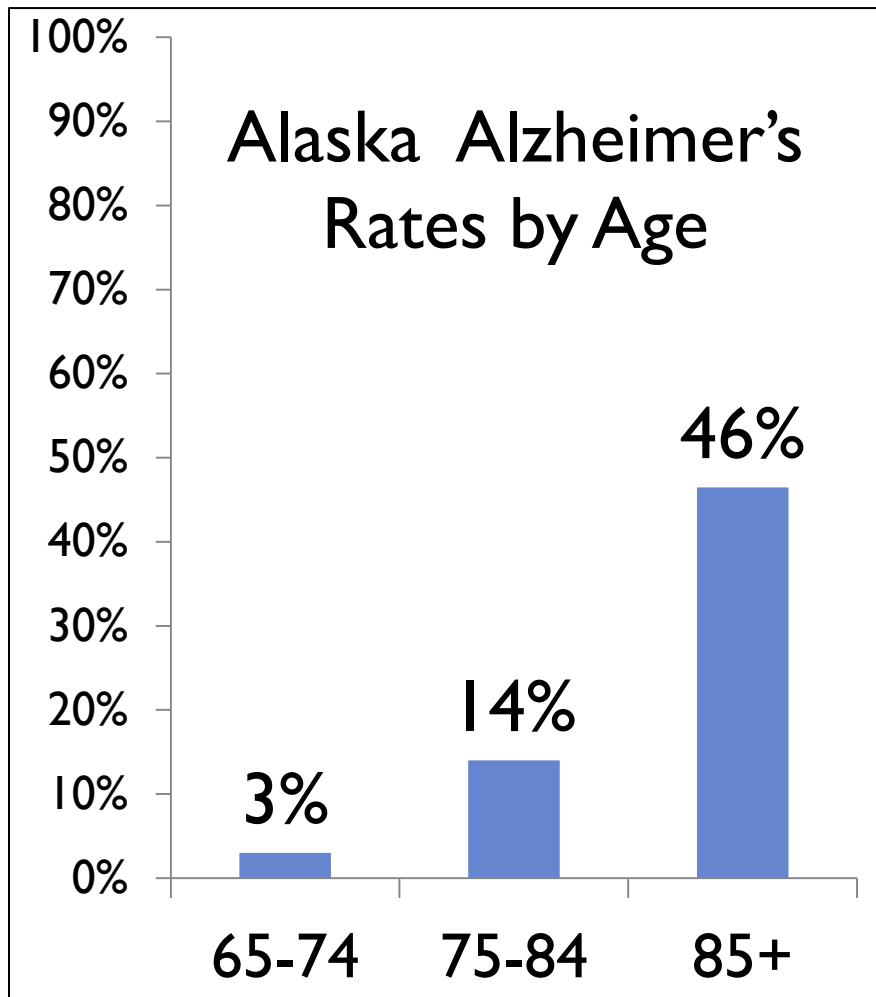


# Americans (and Alaskans) are Living Longer



**In Alaska, life expectancy has increased  
from 72.1 in 1980 to 78.1 currently**

# Rates of Alzheimer's Increases with Age

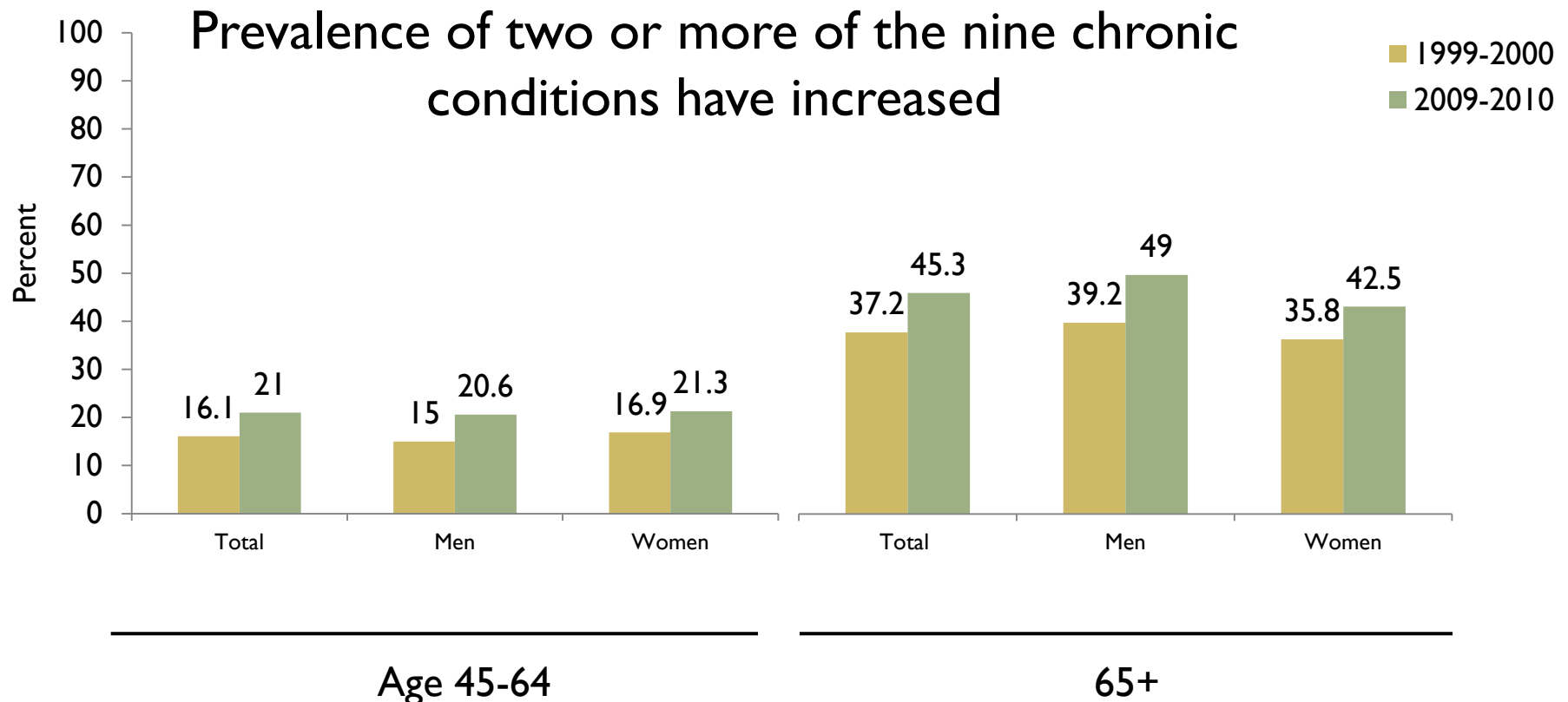


Applying Statewide Alzheimer's rates to population estimates and forecasts for Juneau indicate:

- 320 seniors with Alzheimer's today
- 1,065 by 2042

Source: Alzheimer's Association, 2014 Alaska Alzheimer's Statistics. 2014 State DOL&WD Population Projections  
Note: Estimates do not include the related dementia that is not considered Alzheimer's.

# Older Americans Have More Chronic Conditions

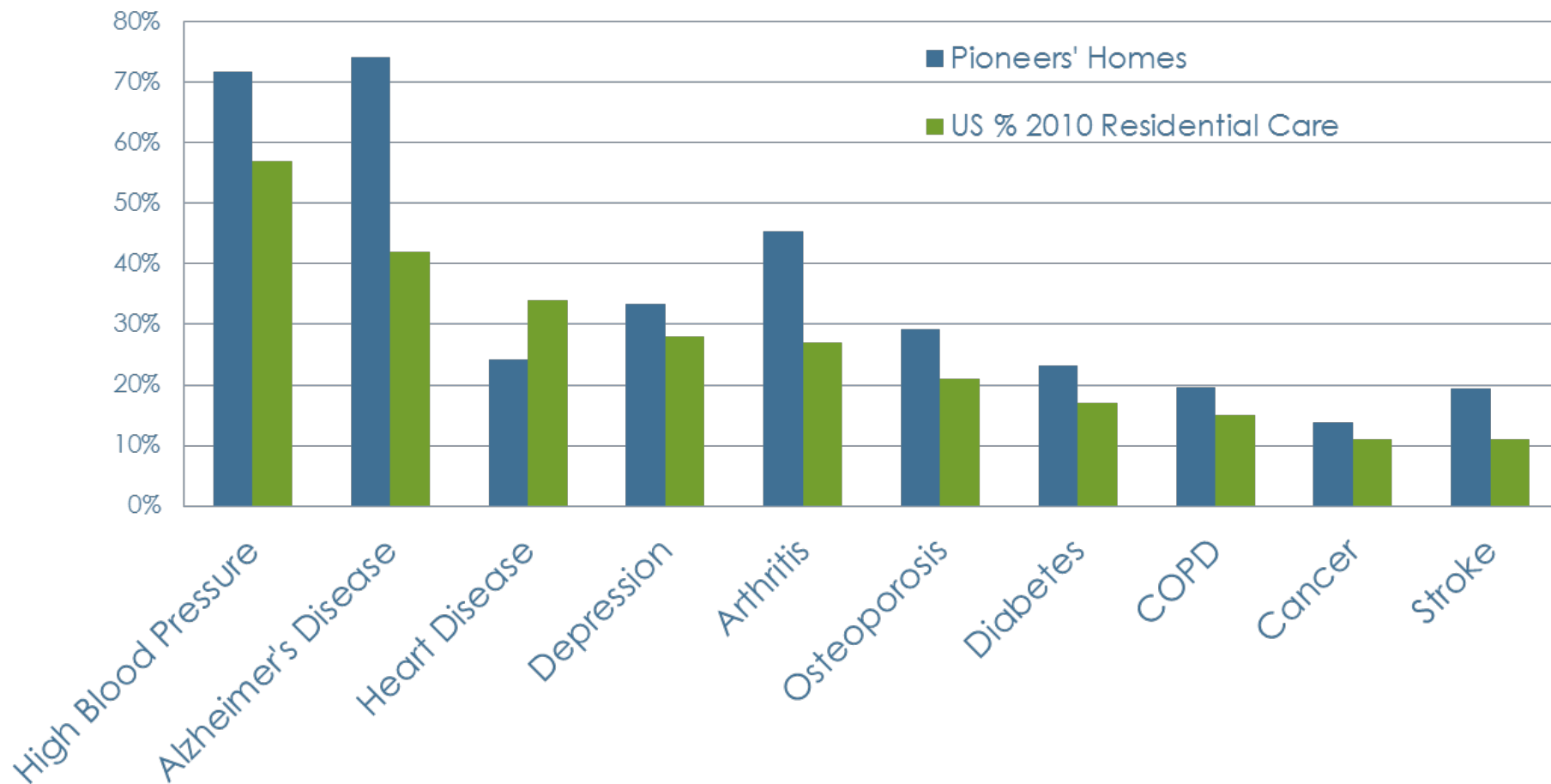


Chronic conditions include hypertension, heart disease, diabetes, cancer, stroke, chronic bronchitis, emphysema, current asthma, and kidney disease

Source: CDC, National Health Interview Survey, July 2012

# Alaskans at the Pioneer Home (499) Have Higher Rates of Chronic Disease

## Chronic Diseases Experienced by Pioneer Home Residents vs. National Data



# Data Conclusions

- Senior population is growing but will decline after 2032.
- 85+ population will peak closer to 2040.
- Senior incomes in Juneau tend to be higher but many households are also low income.
- People are living longer; many are active.
- There will be more seniors with dementia and more chronic health conditions.
- Must plan for a mix of active seniors and people needing assistance with activities of daily living.



Please pull out your clicker  
and wait for instructions!

# How to Use the Clickers

1. When submitting responses, please point your clicker at the laptop.
2. After entering your response, hit “Send.”
3. If the question asks for more than one response, hit send after each response.
4. Raise your hand if you have questions.



= slide has a question for the audience

# Warm-up

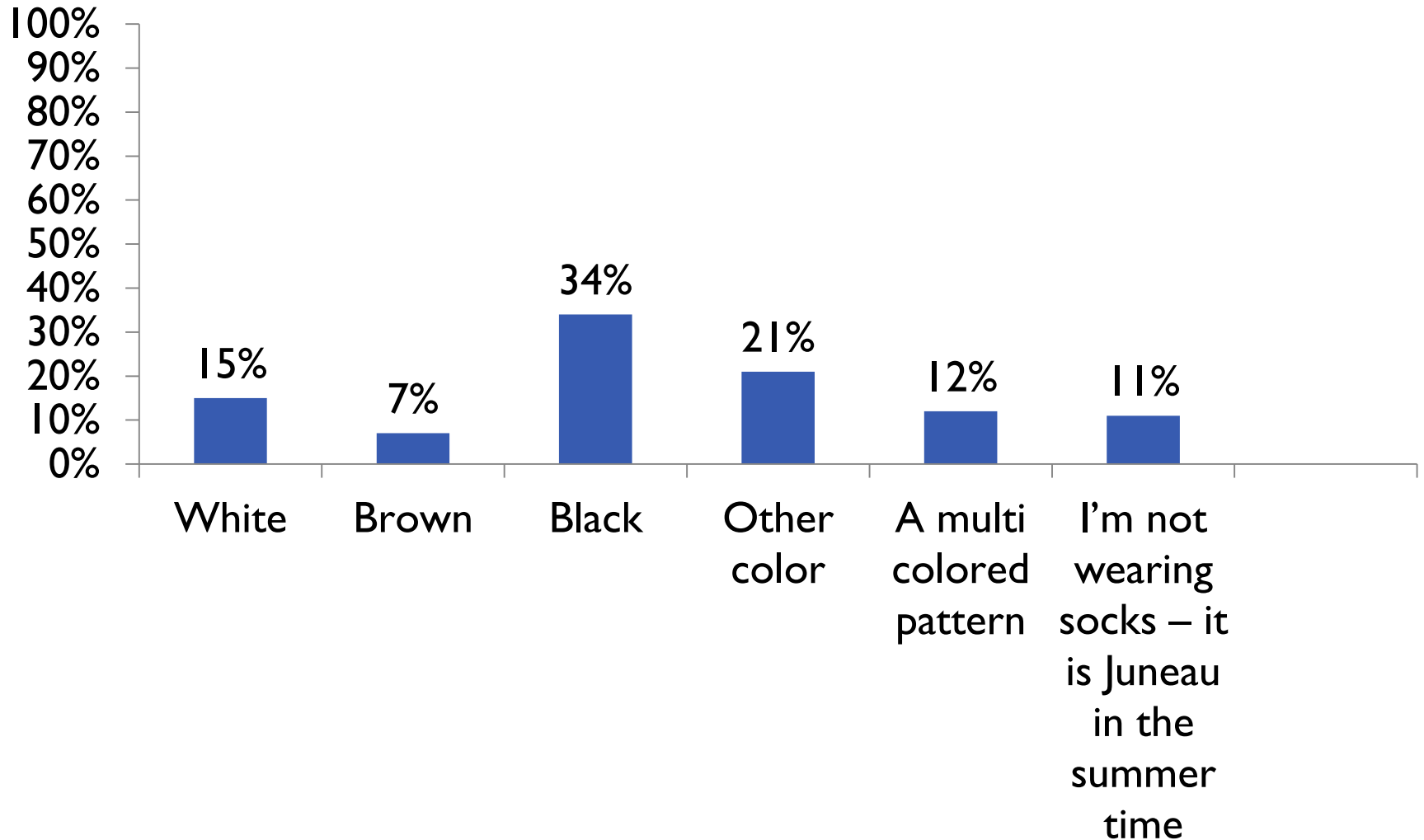
What color socks are you wearing?

1. White
2. Brown
3. Black
4. Other color
5. A multi colored pattern
6. I'm not wearing socks – it is Juneau in the summer time





# Sock Colors in the Room

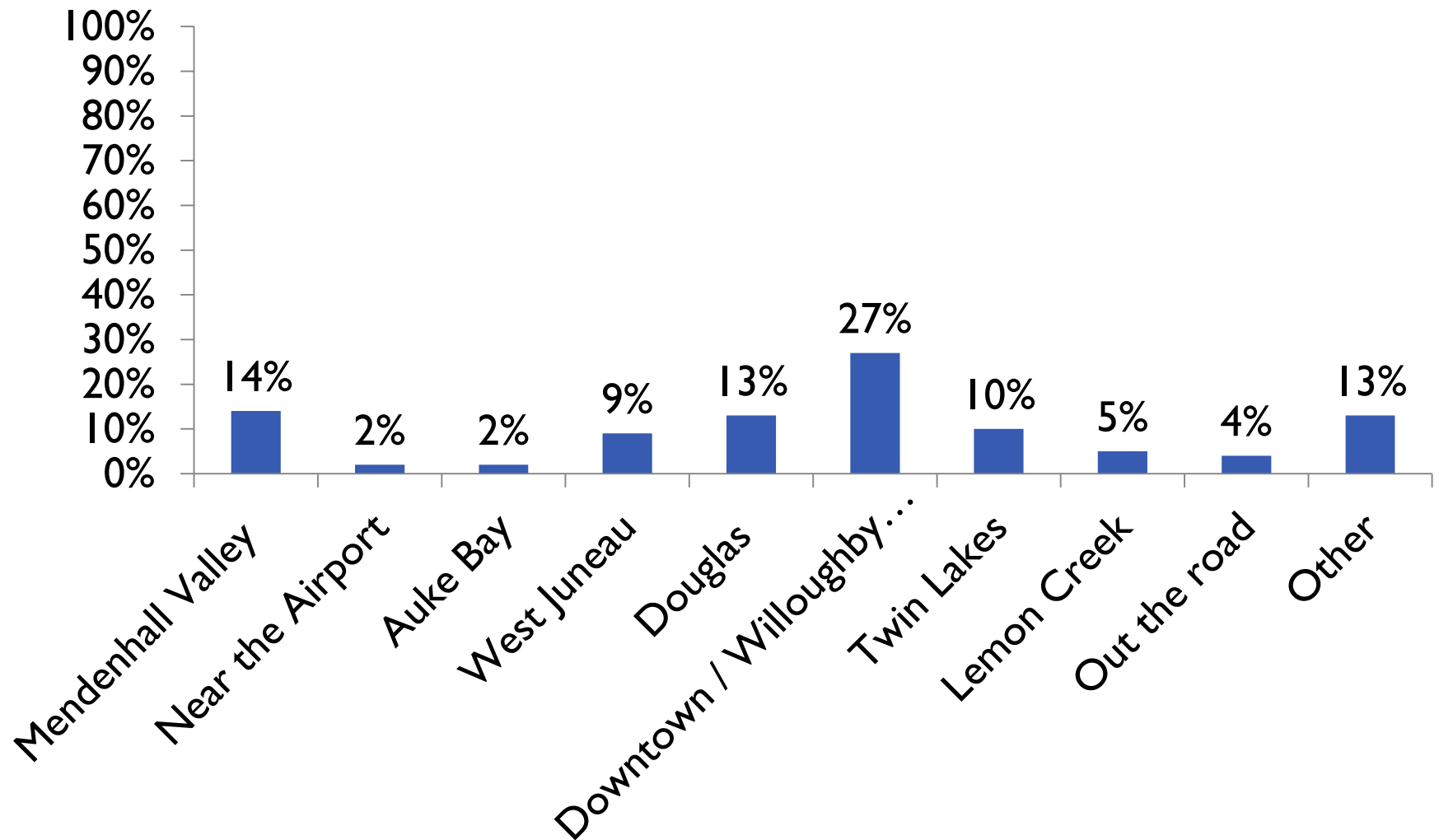


# What Part of Juneau do You Live In?

1. Mendenhall Valley
2. Near the Airport
3. Auke Bay
4. West Juneau
5. Douglas
6. Downtown /  
Willoughby District
7. Twin Lakes
8. Lemon Creek
9. Out the road
10. Other



# Where we live

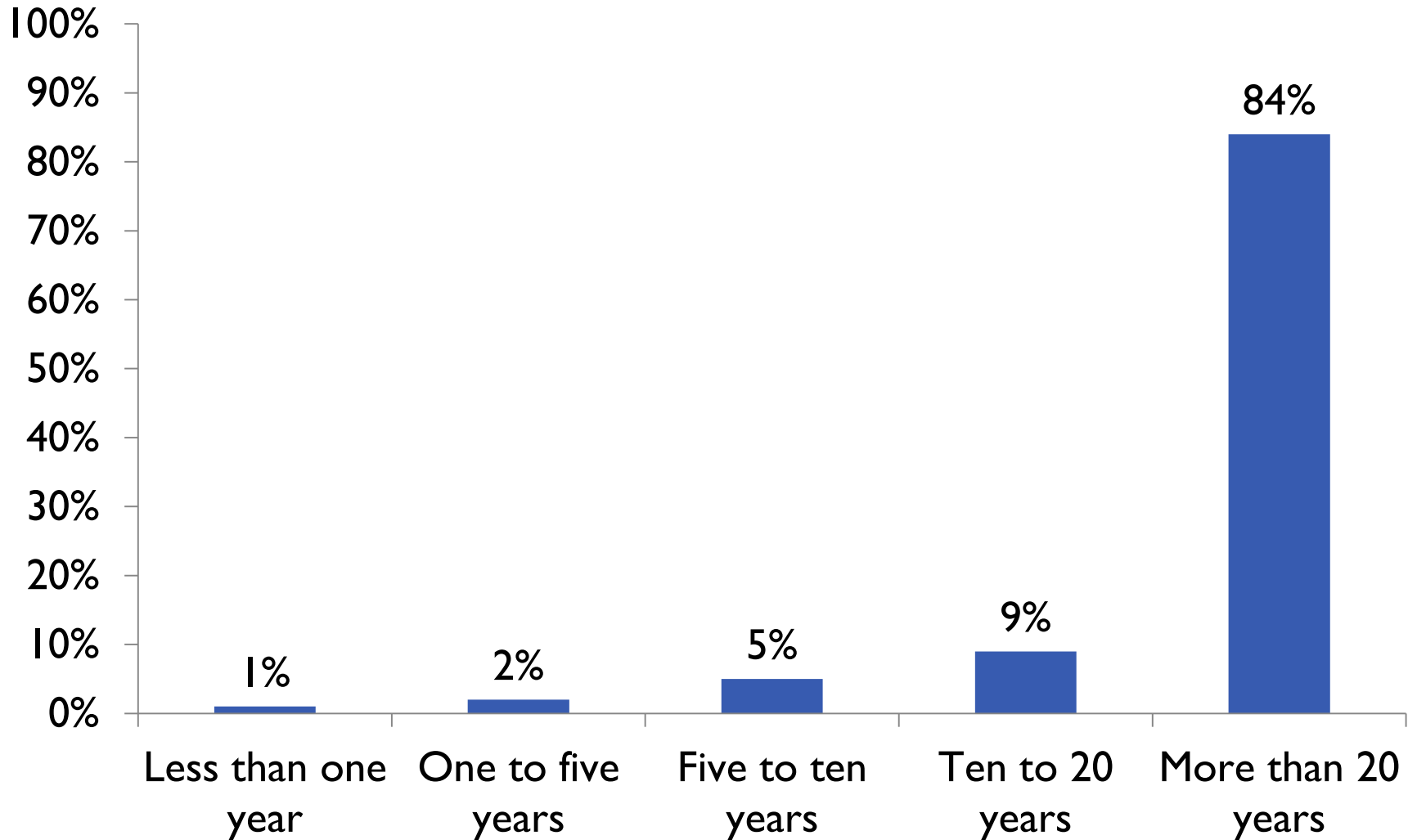


# How Long have You Lived in Juneau?

1. Less than one year
2. One to five years
3. Five to ten years
4. Ten to 20 years
5. More than 20 years



# Length of time in Juneau

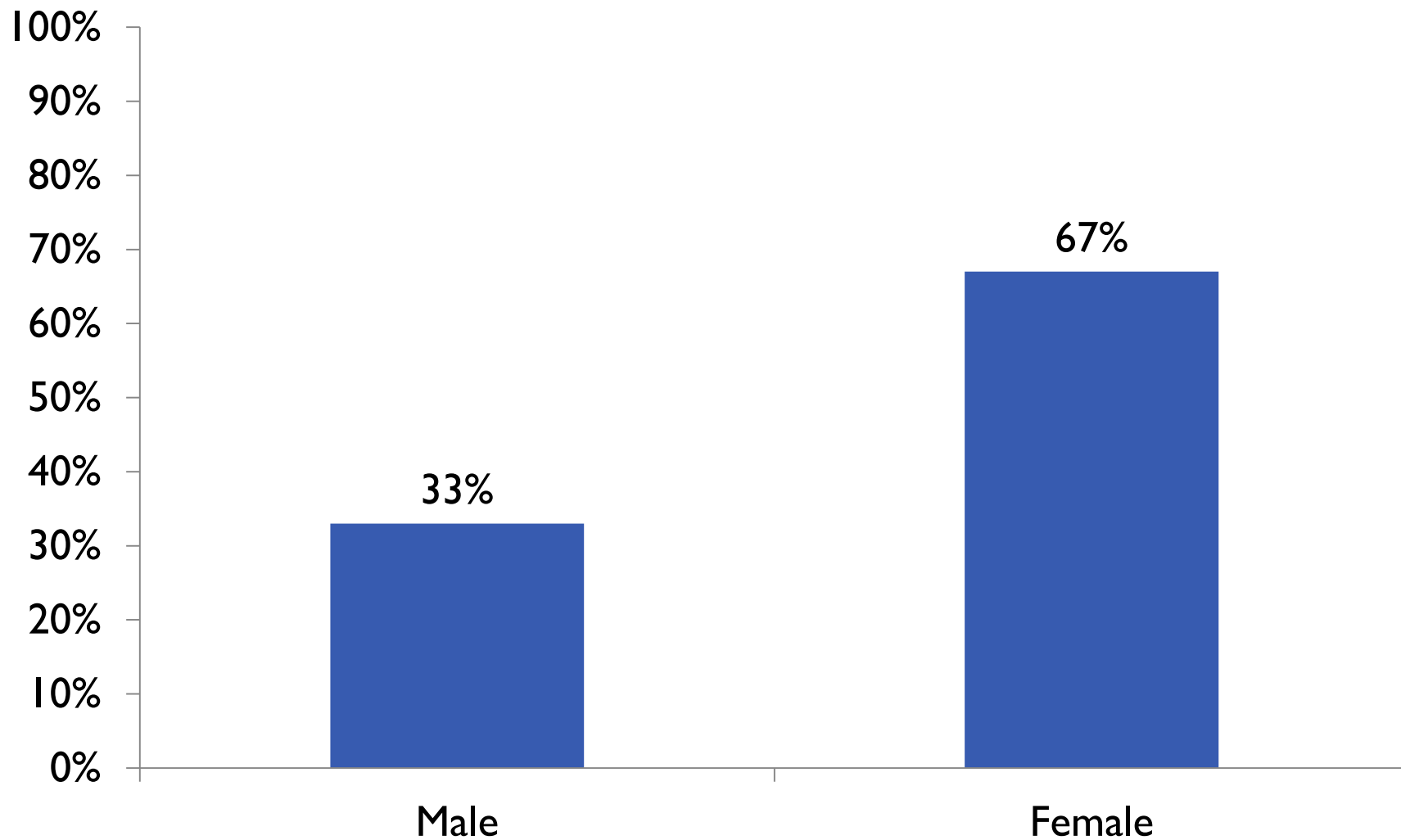


# What is your gender?

1. Male
2. Female



# Gender



# What age bracket are you in?

1. Under 18

2. 19 to 50

3. 51 to 59

4. 60 to 64

5. 65 to 70

6. 71 to 75

7. 76 to 80

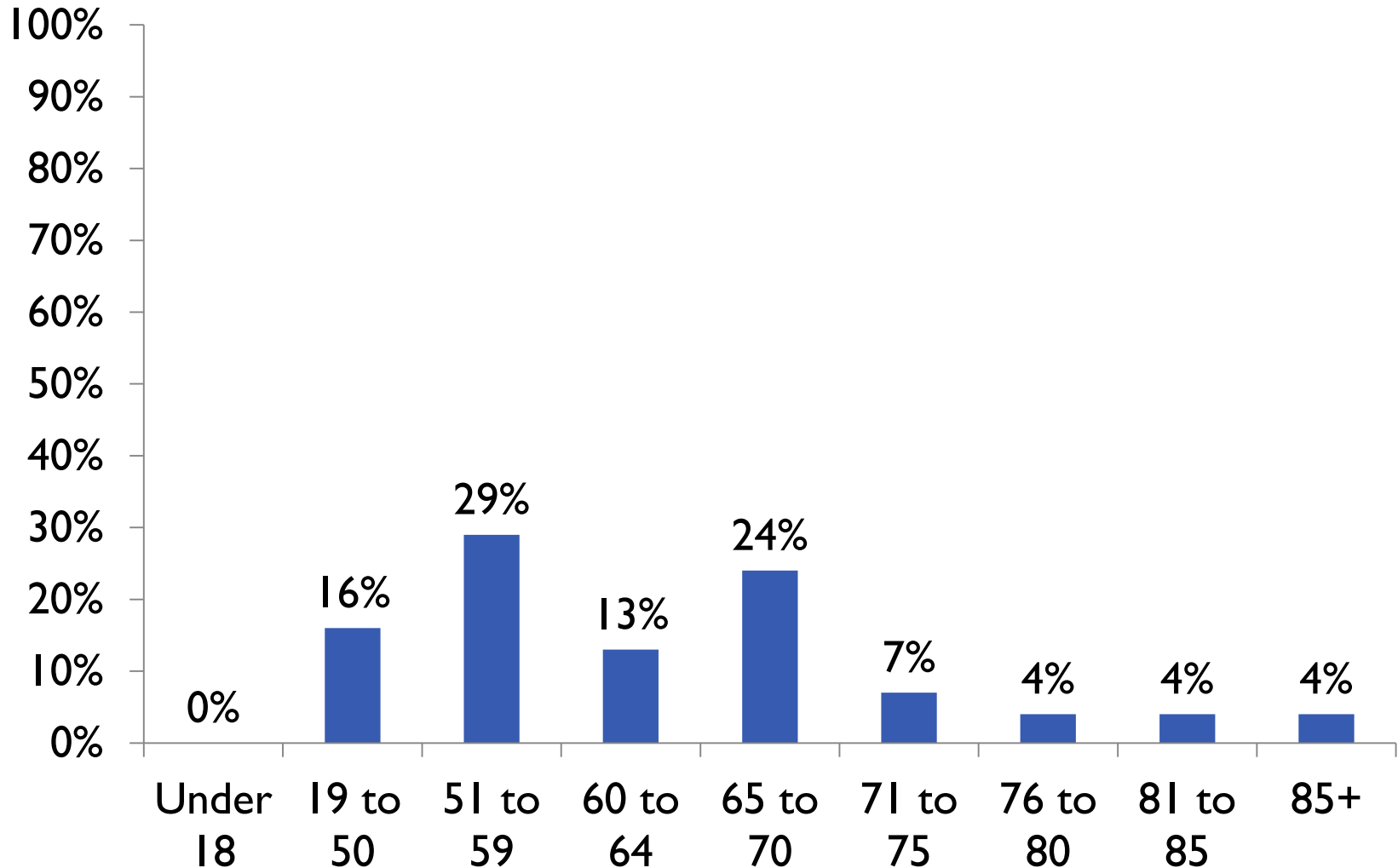
8. 81 to 85

9. 85+





# Ages Here Today

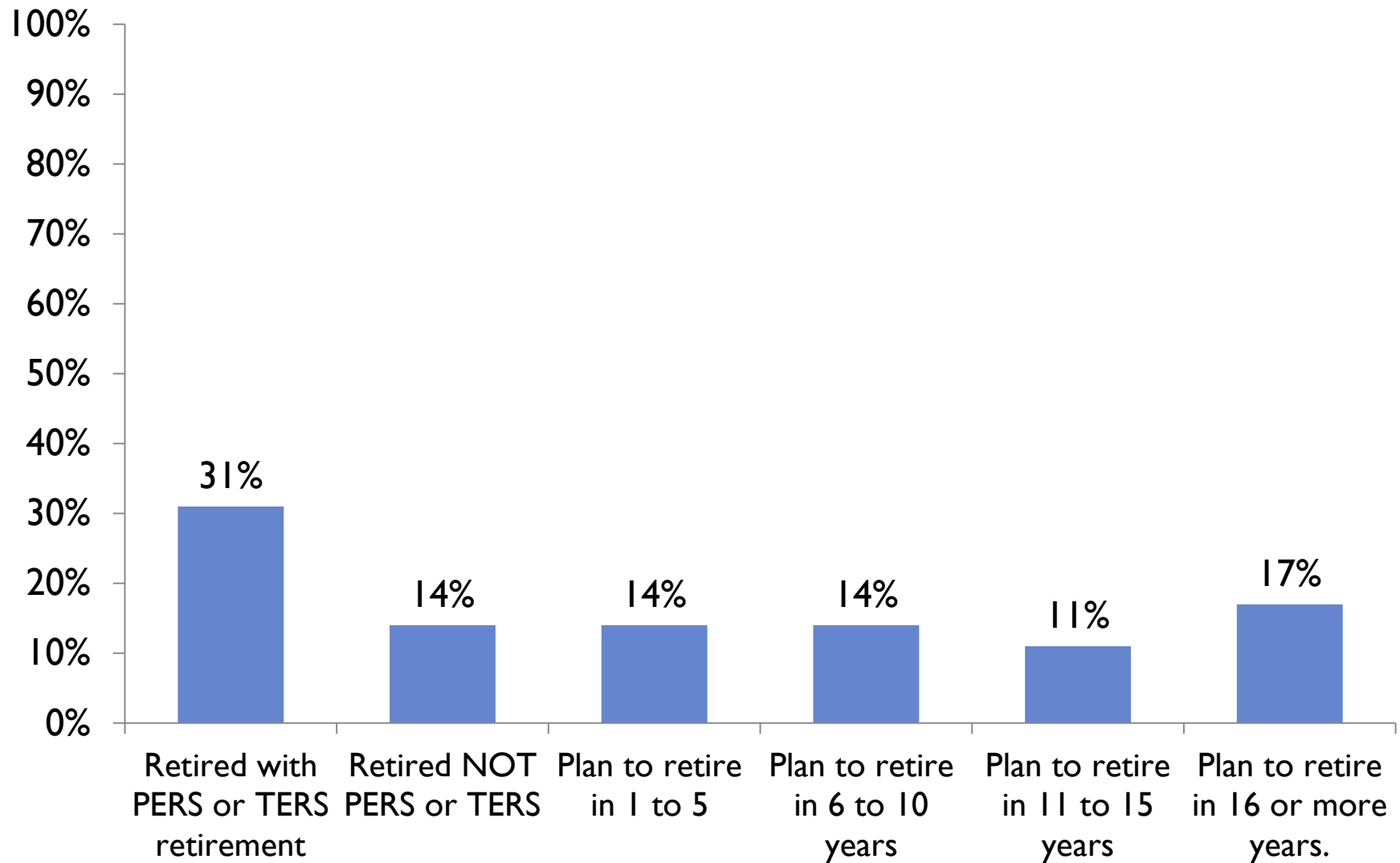


# What is your retirement status?

1. I am retired with a PERS or TRS retirement
2. I am retired but not through PERS or TRS
3. I am not retired but plan to retire in 1 to 5 years
4. I am not retired but plan to retire in 6 to 10 years
5. I am not retired but plan to retire in 11 to 15 years
6. I am not retired but plan to retire in 16 or more years.



# Retirement Status

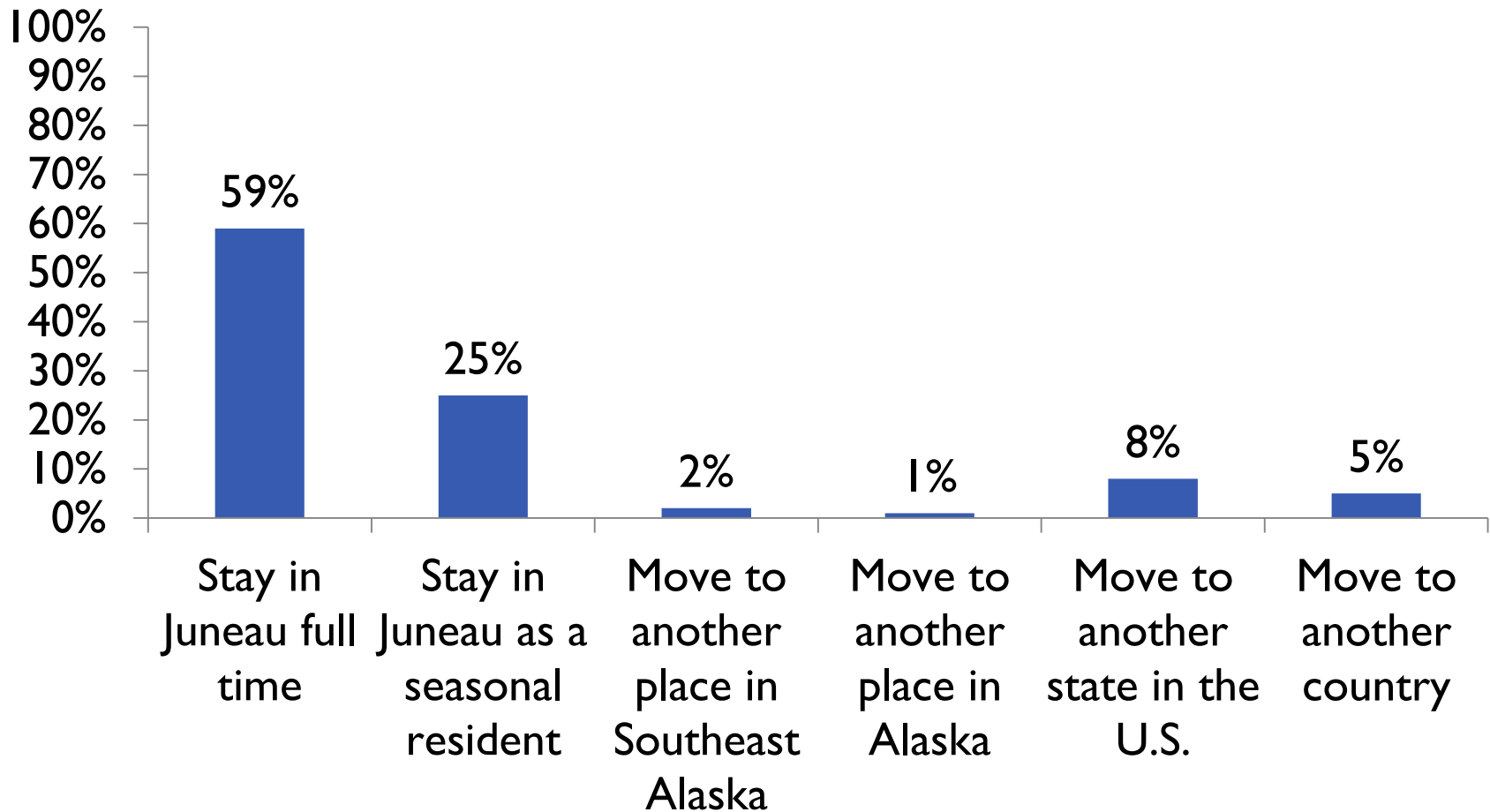


# When you retire, or if you are already retired, do you plan to:

1. Stay in Juneau full time
2. Stay in Juneau as a seasonal resident
3. Move to another place in Southeast Alaska
4. Move to another place in Alaska
5. Move to another state in the U.S.
6. Move to another country



# Retirement Plans



# How important are the following to your decision to continue living in Juneau as you age?

Choose three. Select one choice, press send, select another choice and press send, select a third and press send.

1. Family near by
2. Work
3. Lived here since childhood
4. I want to stay in my home
5. Available support services for seniors
6. Available medical services
7. Sense of community
8. Small town atmosphere
9. Cultural and recreation opportunities
10. Climate
11. Other, not listed



# Continue to Live in Juneau

54	Sense of community
50	Cultural and recreation opportunities
44	Family near by
37	I want to stay in my home
34	Small town atmosphere
23	Available medical services
20	Available support services for seniors
14	Climate
12	Lived here since childhood
10	Other, not listed
9	Work

# Topic 2

What Housing + Services are  
Available for Juneau Seniors?

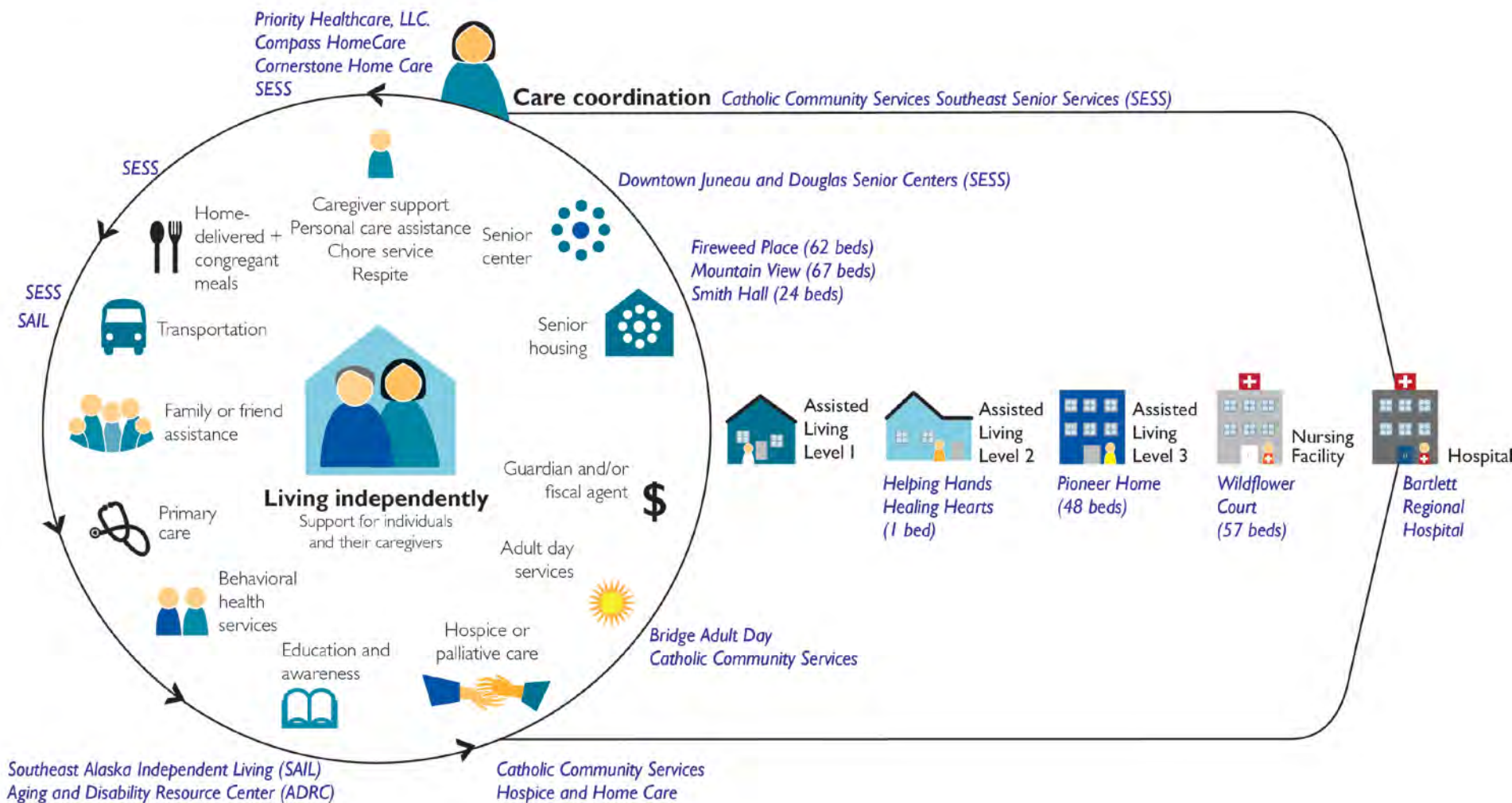
What is Missing?



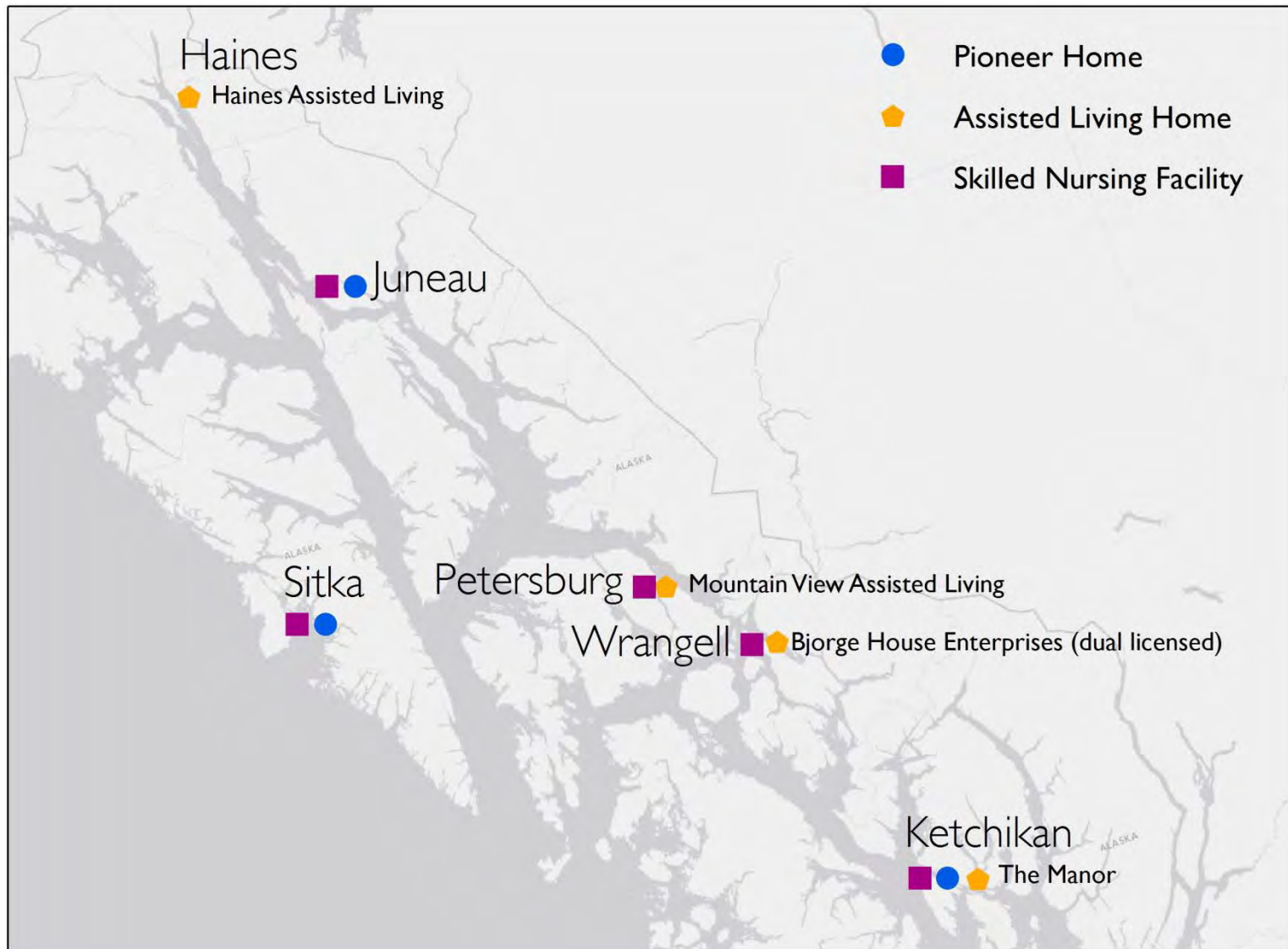
# What are the Options as You Age?

- Continue to live on your own
- Move into age restricted senior housing
- Move in with family
- Determine you need help with activities of daily living (dressing, bathing, chores, cooking, etc)
  - Seek care in your home (family or paid)
  - Seek services in the community (meals, rides, adult day)
  - Seek care in assisted living
  - Seek care in skilled nursing

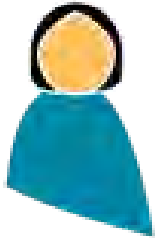
# Juneau Senior Housing and Services Continuum of Care



# Long-term Care Facilities in Southeast Alaska



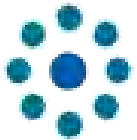
# What are Community Based and In-Home Services



Care Coordination



Meals on Wheels,  
congregate meals at senior  
centers



Douglas and Juneau Senior  
Centers



Care-a-van, taxi voucher  
program



Senior Information and  
Caregiver Resource Center,  
Gatekeeper Program,  
Benefits counseling, Aging  
and Disability Resource  
Center



Priority Healthcare,  
Compass HomeCare,  
Cornerstone Home Care,  
Southeast Senior Seniors,  
SAIL



Hospice and  
Home Care of Juneau



Bridge Adult Day Care

# Southeast Senior Services + Southeast Alaska Independent Living



- Senior Community Centers (Downtown Juneau and Douglas);
- Nutritious Meals at Senior Centers;
- Health Promotion Activities;
- Adult Day Program (The Bridge);
- Care Coordination;
- In-Home Services (chore);
- Care-A-Van Transportation;
- Gatekeeper Program (identify isolated seniors and connect to services); In-home counseling;
- Meals on Wheels;
- Senior Information and Caregiver Resource Center;
- Aging and Disability Resource Center
- Hospice + Home Care
- Taxi Voucher Program
- HomeMAP
- Community Education

# What is Senior Housing?

- Communities where all, or most, of the residents have to be over 55 or 60 years old.
- Often provides activities and a sense of community.
- Can provide services like transportation, meals and housekeeping.
- Can be targeted toward high income households.
- Can include affordable housing for lower income seniors.
- Does not provide assistance with activities of daily living.



# Senior Housing in Juneau



	Units	Wait List	Min Age
Fireweed Place	67	16	57
Mountain View	62	45	60
Smith Hall	24	35-45	62



Note: All units in Mountain View and Smith Hall have income limits. Some units at Fireweed Place also have income limits.

# What is Assisted Living?

- Assisted Living is a special combination of housing, supportive services, personalized assistance and health care designed to respond to individual needs [1]
- Provides help with activities of daily living
- Provides food and other services
- Nationally, fastest growing segment of long term care.
  - 25 percent of Medicare recipients in a long term care setting are living in assisted living. Up from 15 percent in 1992.<sup>2</sup>
  - Majority are female (70%)
  - Majority are older (75% over age 75)
- Alaska has 269 assisted living facilities for seniors with 2,394 beds.
- Juneau assisted living is the Pioneer Home, a few assisted living homes for developmentally disabled, and Helping Hands Healing Hearts.



# Assisted Living in Juneau



- Juneau Pioneer Home
- 48 beds
- Three levels of care
- Most residents are in their 70s and 80s
- 85% are diagnosed with Alzheimer's Disease and Related Dementia
- 97 on active wait list
- 1,573 on inactive wait list



# What is a Skilled Nursing Facility?

- Typically near by or associated with a hospital
- Provides 24 hour medical care by nursing staff
- Skilled nursing levels have decreased from 4.5% to 3.1% nationally. <sup>1</sup>



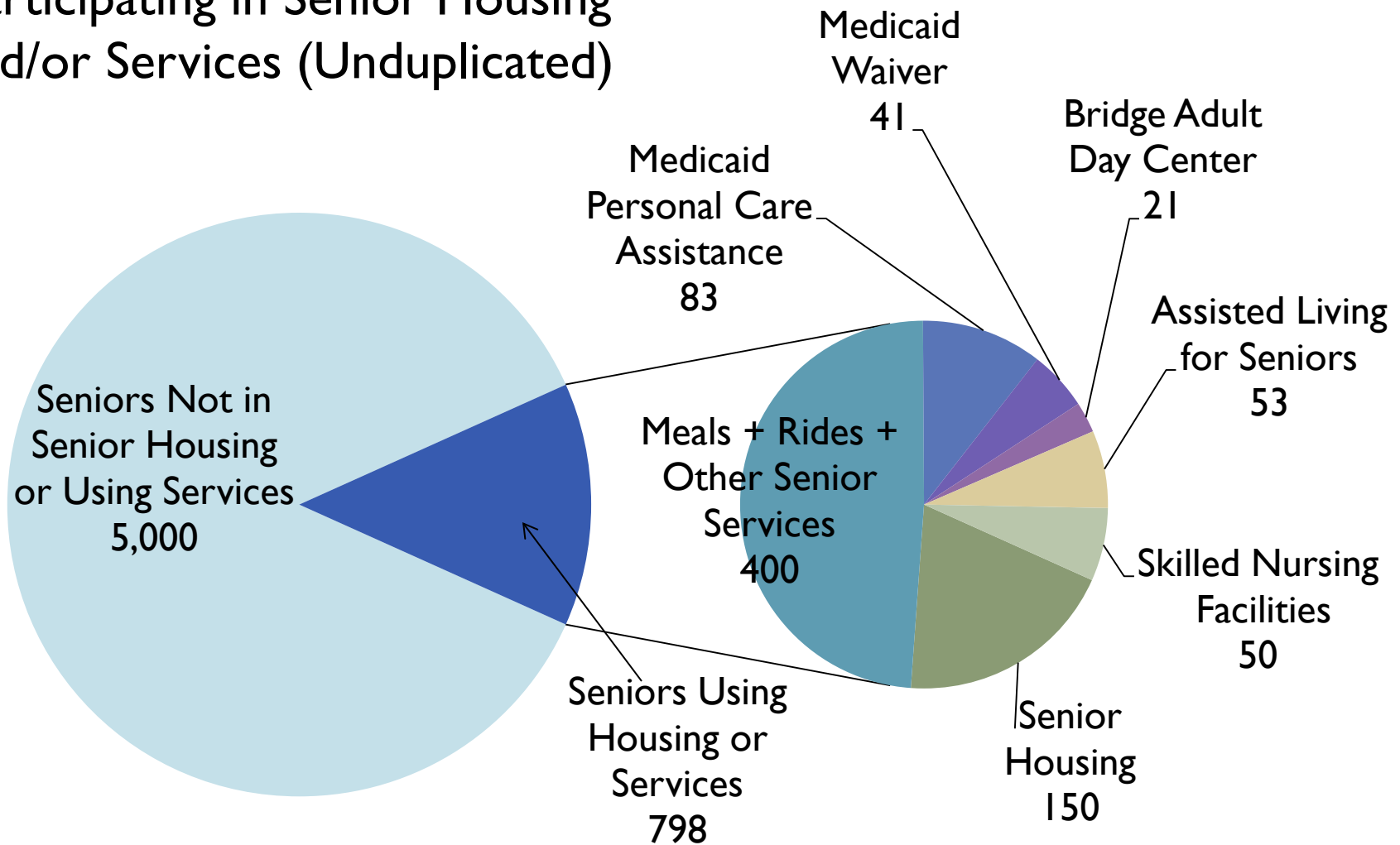
Wildflower Court in Juneau, AK

- 57 beds
- All ages but majority seniors

# Juneau Senior Housing + Services Current Usage

Type	Examples	Estimated Seniors Served (duplicated)
Age Restricted Senior Housing	Fireweed Place, Mountain View, Smith Hall	158
Meals, Rides and Other Senior Services	Southeast Senior Services + Center for Community including case management, respite, chore, meals, rides, SAIL programs for seniors	2,377
Personal Care Assistance in Home (Medicaid)	Cornerstone Home Care, Compass Home Care, Priority Healthcare	83
Adult Day	Bridge Adult Day Center	21
Medicaid Waivers (care in home or in assisted living)	Alaskans Living Independently Waiver and Intellectual + Developmentally Disabled Waiver	48
Assisted Living for Seniors	Juneau Pioneer Home, Helping Hands + Healing Hearts + seniors on General Relief in assisted living homes for developmentally disabled.	53
Skilled Nursing Facility	Wildflower Court	50
Total Duplicated Seniors in Senior Housing or Services : Source: State SDS, key informant interviews		2,790

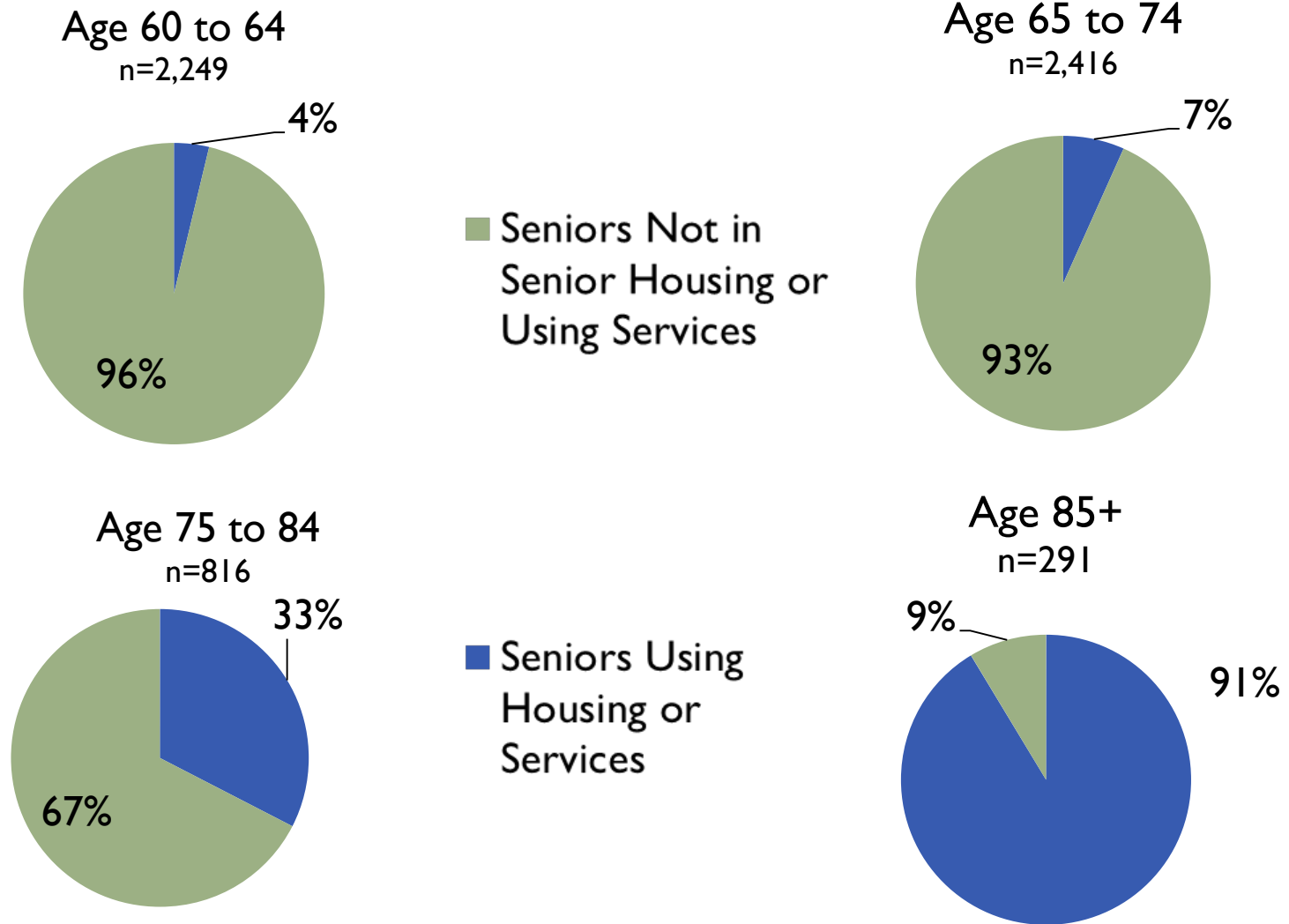
# Seniors (60+) in Juneau Participating in Senior Housing and/or Services (Unduplicated)



Note: Non-duplicated estimates are based on non-duplicative data provided by the State of Alaska, interviews with key informants, and reports from individual service providers. Simplifying assumptions were utilized to arrive at nonduplicative estimates. As a general rule, the recipient was placed in the residential category. So for duplication between senior housing and senior services, the recipient was shown in the senior housing category.

# Housing and Service Utilization Increases as Seniors Age

## Juneau 60+



Note: Numbers are based on estimates of non-duplicative participants in various programs utilizing a set of simplifying assumptions.  
Source: State of Alaska, Department of Health and Social Services, Senior and Disability Services and provider interviews

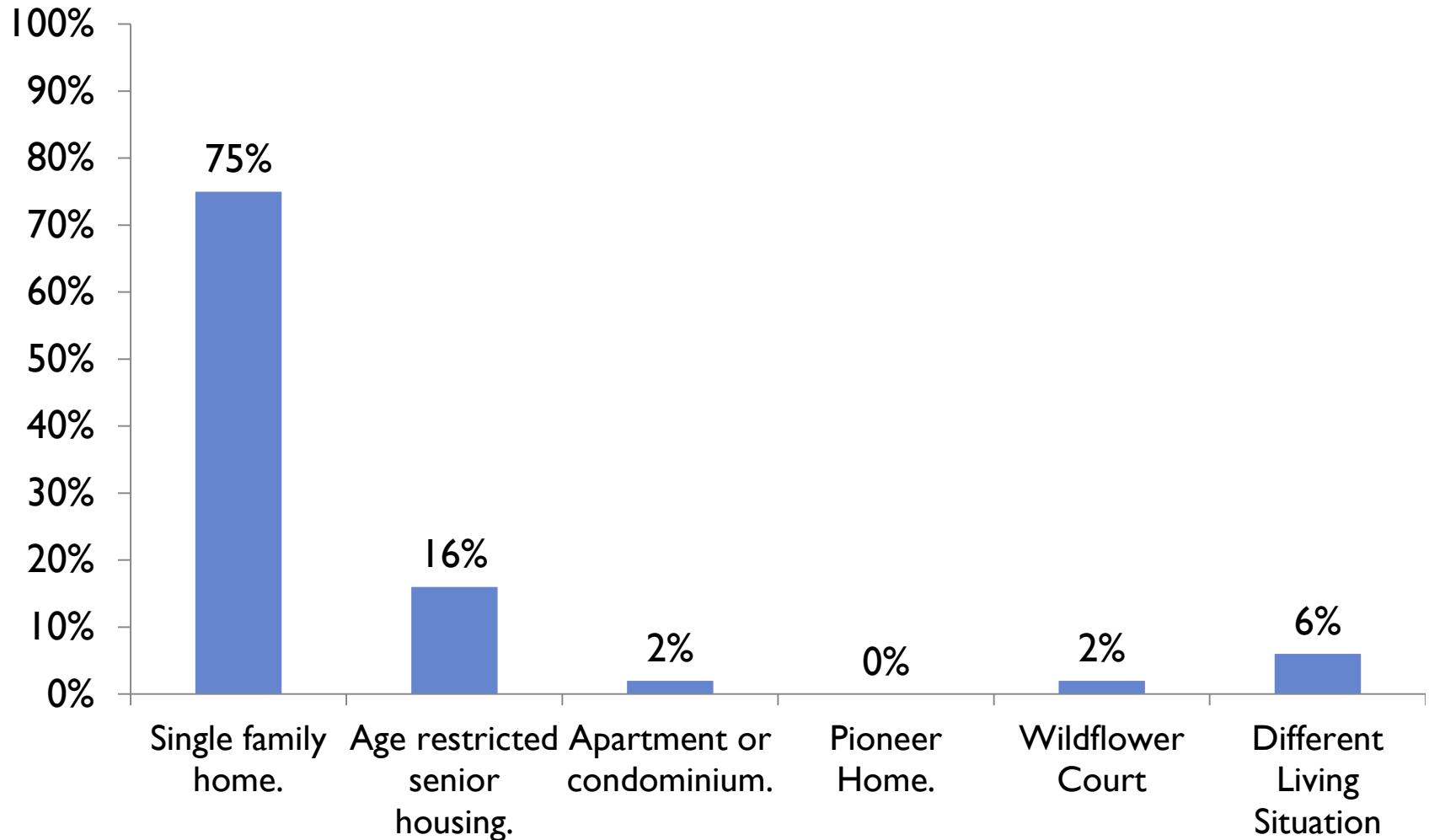
Only answer if you are 60 or over.

What is your current housing?

1. I live in a single family home
2. I live in an apartment or condominium
3. I live in age restricted senior housing
4. I live at the Pioneer Home
5. I live at Wildflower Court
6. I have a different living situation than those listed above



# Housing Situation



Only answer if you are 60 or over.

Please choose the option that most closely reflects your living situation.

1. I live alone.
2. I live with my spouse or partner.
3. I live with my adult children because I need assistance with bathing, cooking, or other activities of daily living
4. I live with other family or friends because I need assistance with bathing, cooking, or other activities of daily living
5. I live with family or friends because I enjoy the companionship
6. I live with my family part-time
7. I live with family or friends for other reasons not listed.





# Current Living Situation

- 61% I live with my spouse or partner.
- 31% I live alone.
- 3% I live with family or friends because I enjoy the companionship
- 3% I live with family or friends for other reasons not listed.
- 2% I live with my adult children because I need assistance with bathing, cooking, or other activities of daily living

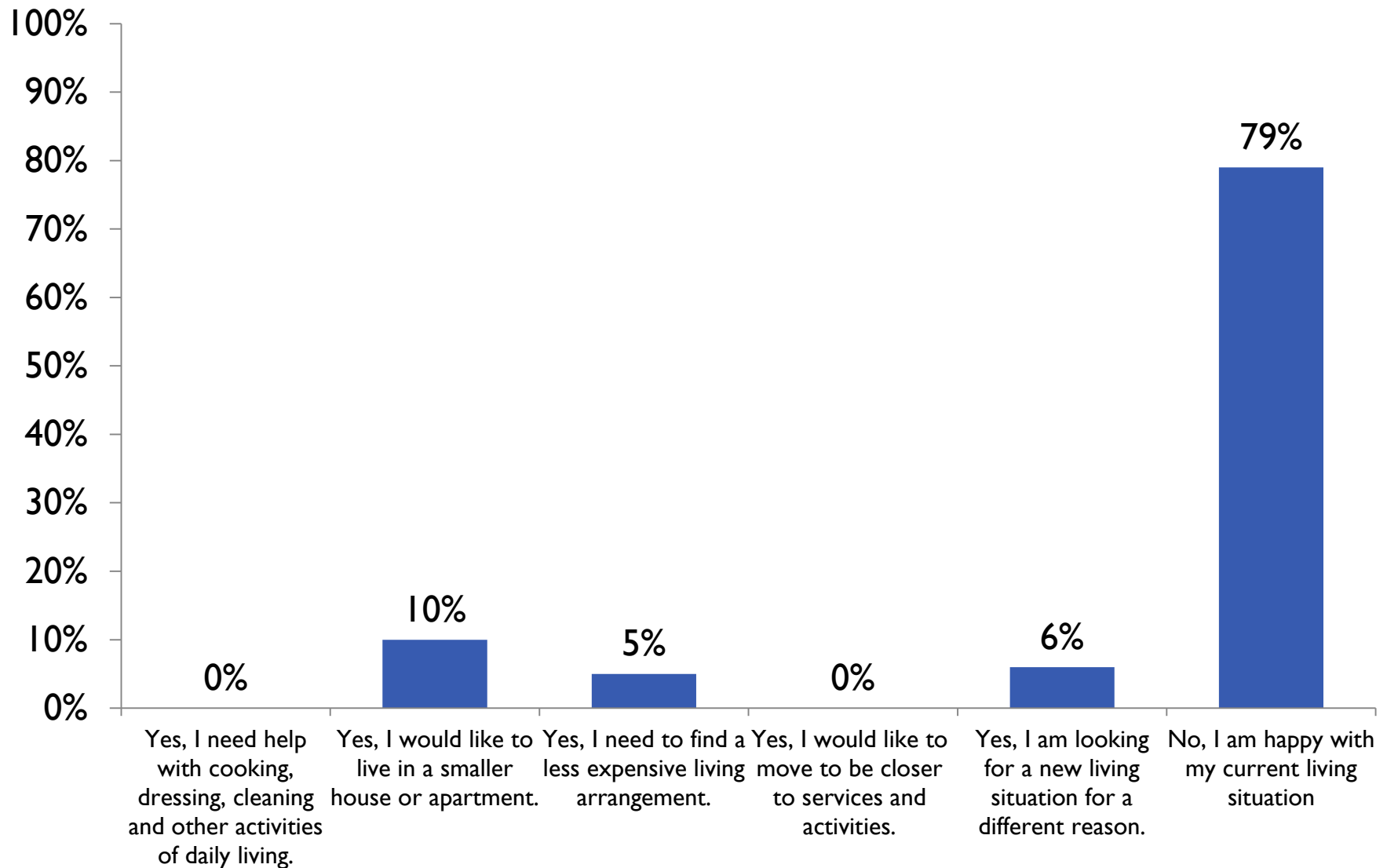
Only answer if you are 60 or over.

Are you seeking a new living situation and, if so, for what reason?

1. Yes, I need help with cooking, dressing, cleaning and other activities of daily living.
2. Yes, I would like to live in a smaller house or apartment.
3. Yes, I need to find a less expensive living arrangement.
4. Yes, I would like to move to be closer to services and activities.
5. Yes, I am looking for a new living situation for a different reason.
6. No, I am happy with my current living situation



# New Living Situation

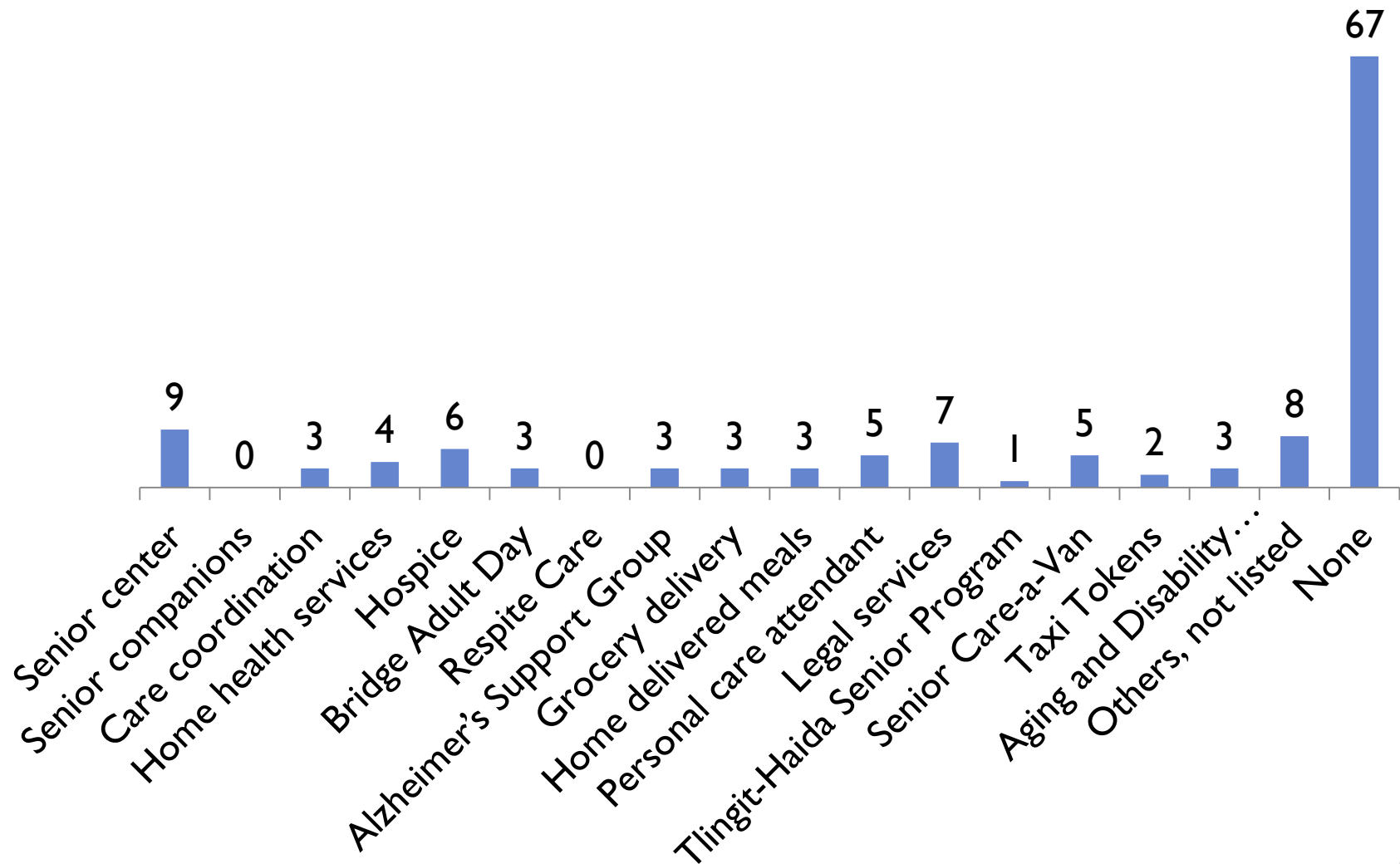


Which of the following programs do you use or have you used? Choose all that apply. Select send after each choice.

- |                              |  |
|------------------------------|--|
| 1. Senior center             | 11. Personal care attendant              |
| 2. Senior companions         | 12. Legal services                       |
| 3. Care coordination         | 13. Tlingit-Haida Senior Program         |
| 4. Home health services      | 14. Senior Care-a-Van                    |
| 5. Hospice                   | 15. Taxi Tokens                          |
| 6. Bridge Adult Day          | 16. Aging and Disability Resource Center |
| 7. Respite Care              | 17. Others, not listed                   |
| 8. Alzheimer's Support Group | 18. None                                 |
| 9. Grocery delivery          |  |
| 10. Home delivered meals     |  |



# Number of People Using Senior Services



# Which statement below most closely captures your opinion about the role of family and friend caregivers?

1. My family and friends will be my main source of support as I age.
2. My family and friends can provide some services and supports but do not have the resources or time to do everything that could be required.
3. I don't want to burden my family and friends with care and would rather hire caregivers.
4. I don't have family or friends who can provide services and supports as I age.



# Family Caregivers

- 42% My family and friends can provide some services and supports but do not have the resources or time to do everything that could be required.
- 37% I don't want to burden my family and friends with care and would rather hire caregivers.
- 12% My family and friends will be my main source of support as I age.
- 9% I don't have family or friends who can provide services and supports as I age.

What do you think are the two (2) most important services and supports for older residents in Juneau as they age? Pick two (2) please. Hit send after each.

1. Age restricted senior housing
2. Housing closer to services + activities
3. Apartments or condominiums
4. Services such as meals, rides, respite, etc.
5. Services such as social groups, senior recreation opportunities and events
6. Mental health services for older residents, especially those with dementia
7. Assisted living
8. Skilled nursing
9. Transitional/rehabilitation skilled nursing beds
10. Information services
11. Other not listed





# Most Important Senior Services + Supports in Juneau for Residents as They Age

59	Assisted living
30	Housing closer to services + activities
25	Services such as meals, rides, respite, etc.
23	Apartments or condominiums
17	Mental health services for older residents, especially those with dementia
12	Services such as social groups, senior recreation opportunities and events
12	Skilled nursing
8	Other not listed
7	Age restricted senior housing
7	Transitional/rehabilitation skilled nursing beds
6	Information services

# What are the biggest gaps in the housing and service options for seniors in Juneau?

Pick two (2) please. Hit send after each.

1. Age restricted senior housing
2. Housing closer to services + activities
3. Apartments or condominiums
4. Services such as meals, rides, respite, etc.
5. Services such as social groups, senior recreation opportunities and events
6. Mental health services for older residents, especially those with dementia
7. Assisted living
8. Skilled nursing
9. Transitional/rehabilitation skilled nursing beds
10. Information services
11. Other not listed



# Gaps

76	Assisted living
33	Housing closer to services + activities
23	Apartments or condominiums
22	Mental health services for older residents, especially those with dementia
16	Transitional/rehabilitation skilled nursing beds
10	Age restricted senior housing
8	Skilled nursing
5	Services such as social groups, senior recreation opportunities and events
5	Services such as meals, rides, respite, etc.
4	Other not listed
2	Information services

# Small Group Break Out Session # 1

## 15 minutes: then report back

- What did you learn from the presentation about demographic trends and the care continuum?  
What questions do you have?
- What surprised you the most about the answers you saw from the audience?
- What other gaps do you see in the continuum of care and housing options for seniors in Juneau?
- What did not come up about senior housing and services in Juneau that should be brought up?

## Topic # 3

What are Options for the Future?  
How Much do they Cost?

## More Retirees Are Opting to Live Like *Golden Girls*



**Kelly Faircloth**

Filed to: GOLDEN GIRLS 6/16/14 3:40pm

17,634 🔥 7 ★





# Golden Girls Network

Living life like it's Golden!

Login



[Become a Member](#)

[I forgot my password](#)

Imagine A House Filled with Friends



I am a

I need a

I live in



**Home of the Month**  
**"Tranquility in Bowie,  
Maryland"** [<read more>](#)





# Senior Housing: Raven Landing in Fairbanks



- 60 apartments in three buildings, fourth phase planned
- \$1,895 for 1 bedroom (includes \$635 service fee)
- \$2,360 for 2 bedroom (includes a \$635 service fee)
- Waitlist of 130; 20 ready to move in
- 6 required low income
- Average age 65-75



# Senior Housing + Assisted Living: Primrose Retirement Community in Wasilla



- 76 apartments, 6 villas (two bedroom)
- 70% full
- No dementia care
- Senior Housing – 36 units, \$3,070 for a 1 bedroom
- Assisted Living – 40 units \$4565 a month + \$425 to \$1600

# Park Place, Seattle, WA



- 154 units of Medicaid assisted living attached by breezeway to 86 units of senior affordable housing (Esperanza)
- Social hub is on assisted living side to allow oversight and care of senior housing residents
- Assisted living ~ \$2972
- Senior housing ~\$774/month (income qualified)
  - All meals \$250/month or \$2.50/meal

# Sun City Retirement Communities



- One member of the household must be 55 yrs. old, no one under 19.
- Children visiting can only stay a max of 90 days.
- Yard and shrubs must be kept up.
- No sheds or storage buildings allowed
- Recreation fees less than \$300

Top: Sun City, outside of Phoenix AZ  
Lower right: Sun City Festival, Buckeye AZ,

Source: <http://arizonaforboomers.com/sun-city-retirement-communities>; <http://www.blissfulbustours.com/fun-bus-trips-in-sun-city-retirement-community-phoenix-arizona/>; Kendrick Brinson photography; [www.delwebb.com](http://www.delwebb.com);

# Cost: Senior Housing In Juneau

Location/Residence	Monthly Rent
Fireweed Place	\$750 to \$1,350 (studio to 2 bdrm)
Mountain View	Available to seniors who are under a specific income. Rents typically range from \$400-\$1000
Smith Hall	

Age restricted senior housing in Juneau currently does not provide additional services and supports.



# Cost: Senior Housing with Services + Amenities

## Examples from Other Communities

Location/Residence	Monthly Cost
Petersburg	\$840 - \$1379 (transport)
Primrose (Wasilla)	\$3,070 for 2 bedrooms (lunch, house keeping, transport, utilities)
Raven Landing (Fairbanks)	\$1,895 -2,360 (includes \$635 - house keeping, activities, morning safety check, utilities, two meals/week)
Park Place, Seattle, WA	\$774/month (income qualified)
The Forum at Tucson, AZ	\$2,700 (includes meals, house keeping, pool, activities)

*Note: Juneau Pioneer Home provides a Level 1 senior housing option with meals and services, currently only one resident falls into this category*

# Haines Assisted Living



- 8 units, 10 beds; 5 units of senior housing; expanding to include veterans housing
- 9 on active waitlist
- \$4,700 (\$1,000 room + board; \$3,700 assisted living)
- 3 levels of care
- Private non-profit; HUD 202, donations and grants for capital costs



*"Growing old is not for sissies, but this place makes it surprisingly pleasant." – Lucy, Haines Assisted Living website*

# Wesleyan House Assisted Living in Anchorage



- 7 to 10 residents max
- 24 hour specialized care
- Daily activity schedule
- Neighborhood setting

# Marlow Manor Assisted Living in Anchorage



- 48 units
- 55+
- 14 dementia safe apartments
- \$5330





# Cost: Assisted Living

Location/Residence	Monthly Cost
Pioneer Home L2 and L3	\$4,260 - \$6,170
Haines	\$4,700
Petersburg	\$4,260-\$4,810; \$1,475 for food and rent
Galena	\$2,000/month, increase to \$4,500 in future
Primrose (Wasilla)	\$4,989 to \$6,165
Wesleyan House in Anchorage(ten)	\$2,400 (independent) - \$5,400
Marlow Manor	\$4481 -\$ 5330
The Manor, Ketchikan (13)	\$2100 - \$5,638
Park Place, Seattle, WA	\$2972
The Forum at Tucson, AZ	\$2055-\$3495, \$4785 (memory care)

# Assisted Living Costs More in Alaska

	Monthly Min	Monthly Maximum	Monthly Median	Median Yearly
Alaska	\$3,390	\$7,500	\$5,500	\$66,000
Arizona	\$1,100	\$6,700	\$3,150	\$37,800
California	\$987	\$9,000	\$3,750	\$45,000
Colorado	\$1,752	\$8,700	\$3,313	\$39,750
Idaho	\$998	\$5,250	\$3,275	\$39,300
Oregon	\$2,196	\$5,463	\$4,000	\$48,000
Washington	\$1,000	\$9,000	\$4,250	\$51,000

# Skilled Nursing Facility Cost

Location	Monthly cost
Juneau – Wildflower Court	\$16,000 - \$18,000 / month
Anchorage - Prestige	\$13,830
Wrangell Medical Center	~\$18,000
Arizona*	\$7,080

# Options for Payment

- **Unpaid Family Members** – The majority of long term care services are not paid for at all but are performed by unpaid family members.
- **Out of Pocket** – Households pay for services they can afford.
- **Long Term Care Insurance** – Long term care insurance is an option to pay for long term care services. **24% of Juneau Seniors are covered by LTCi.** In Alaska, only 2.9% of people age 40+ have a policy in effect.

# Options for Payment

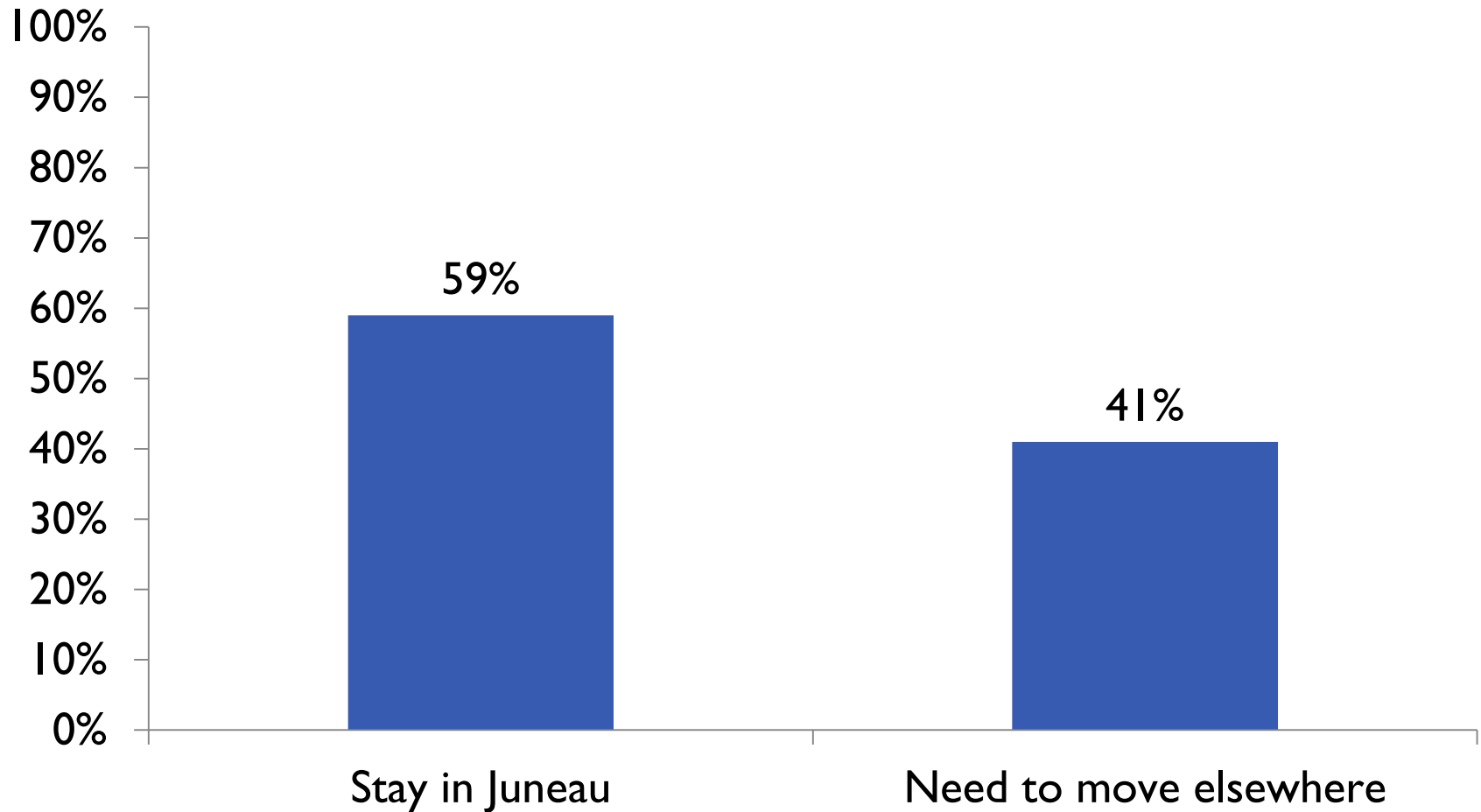
- **Medicaid** – Medicaid is a major source of funding for long term care. After exhausting personal resources, most long term care recipients become eligible for Medicaid coverage.
  - Must be income qualified and have a minimum level of care needed
- **Medicare** – Medicare pays for time limited nursing home stays that are transitional and rehabilitative in nature; it will also pay for limited home health services if there is registered nurse oversight and the services are therapeutic.
- **Pioneer Home Payment Assistance** – Sliding scale depending on income.

In Juneau, the average cost of assisted living is at least \$5,000/month. Knowing these current costs, if you needed assisted living outside of your own home would you:

1. Stay in Juneau
2. Need to move elsewhere



# Response to need for \$5000/month Assisted Living



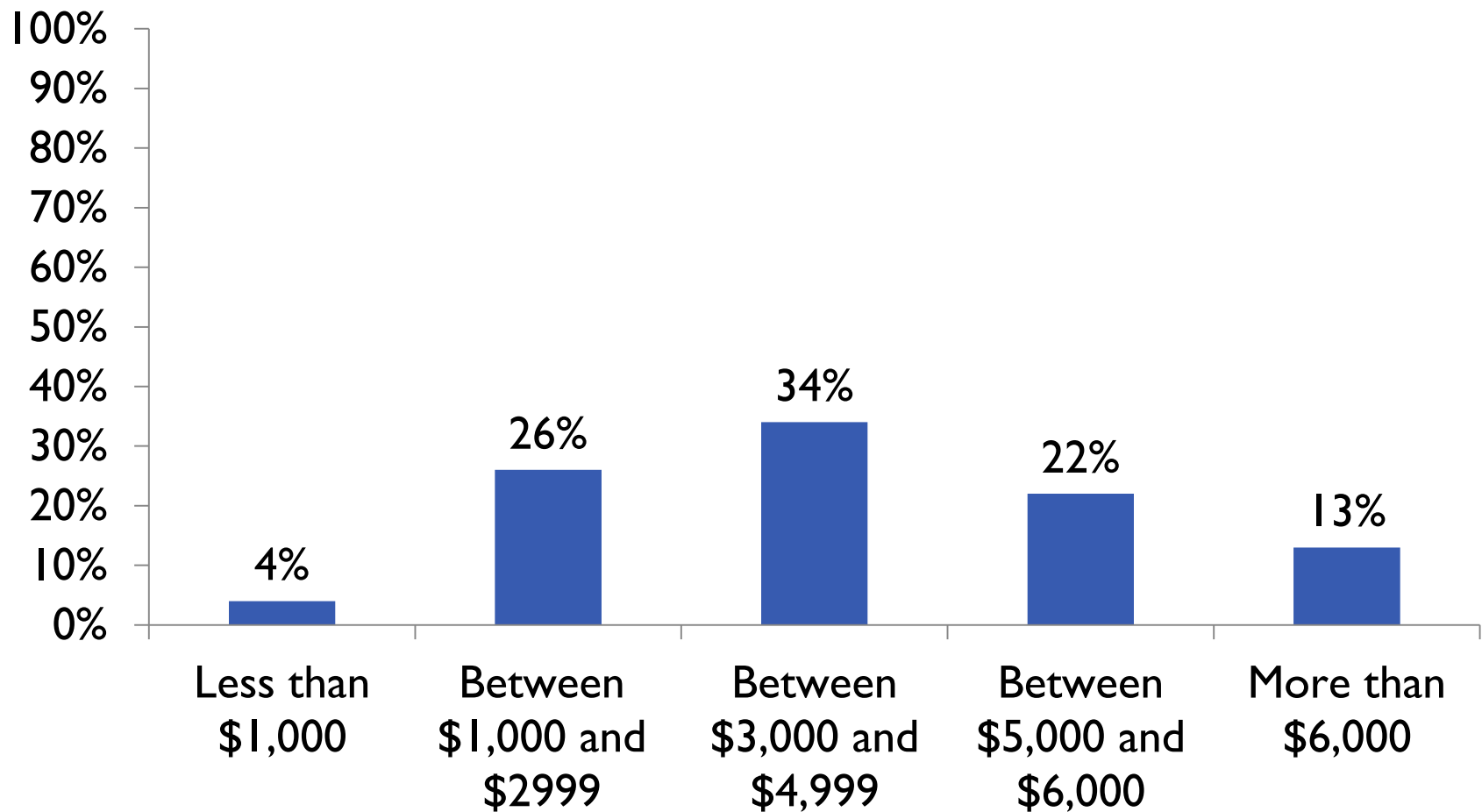
# What is the most you would be willing and able to pay for assisted living per month?

1. Less than \$1,000
2. Between \$1,000 and \$2999
3. Between \$3,000 and \$4,999
4. Between \$5,000 and \$6,000
5. More than \$6,000





# Willingness to Pay for Assisted Living (Per Month)

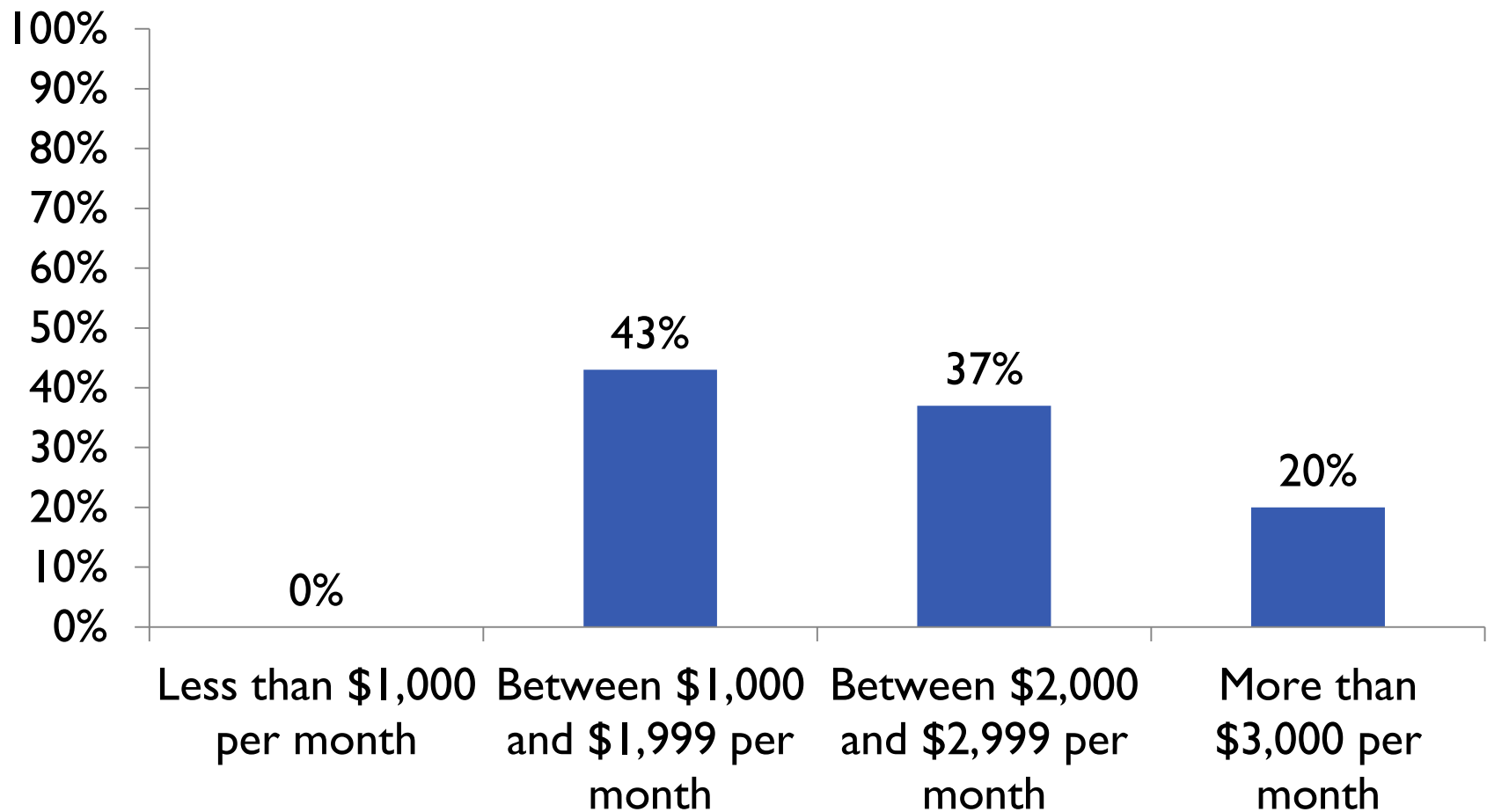


What is the most you would be willing and able to pay for senior housing in Juneau? Assume the rent is for a 1 bedroom and includes one meal a day, transportation 5 times a week, all utilities (including cable and internet), and resident activities.

1. Less than \$1,000 per month
2. Between \$1,000 and \$1,999 per month
3. Between \$2,000 and \$2,999 per month
4. More than \$3,000 per month



# Willingness to Pay for Senior Housing (Per Month)



Assume you are a 70-year-old individual living in Juneau, who is healthy and has no trouble with activities of daily living; please choose your preferred living arrangement.

1. Continue living in my current home in Juneau.
2. Move to an apartment in Juneau within walking distance of restaurants, activities, and services.
3. Move to senior housing in Juneau to be around other seniors my age.
4. Move to senior housing outside of Juneau to be around other seniors my age.
5. Move out of Juneau part time and continue to live in my current home when in Juneau.
6. Move out of Juneau to live closer to family.
7. Move out of Juneau where the cost of living is less expensive.
8. Other



# Active Senior Preferred Housing Arrangement

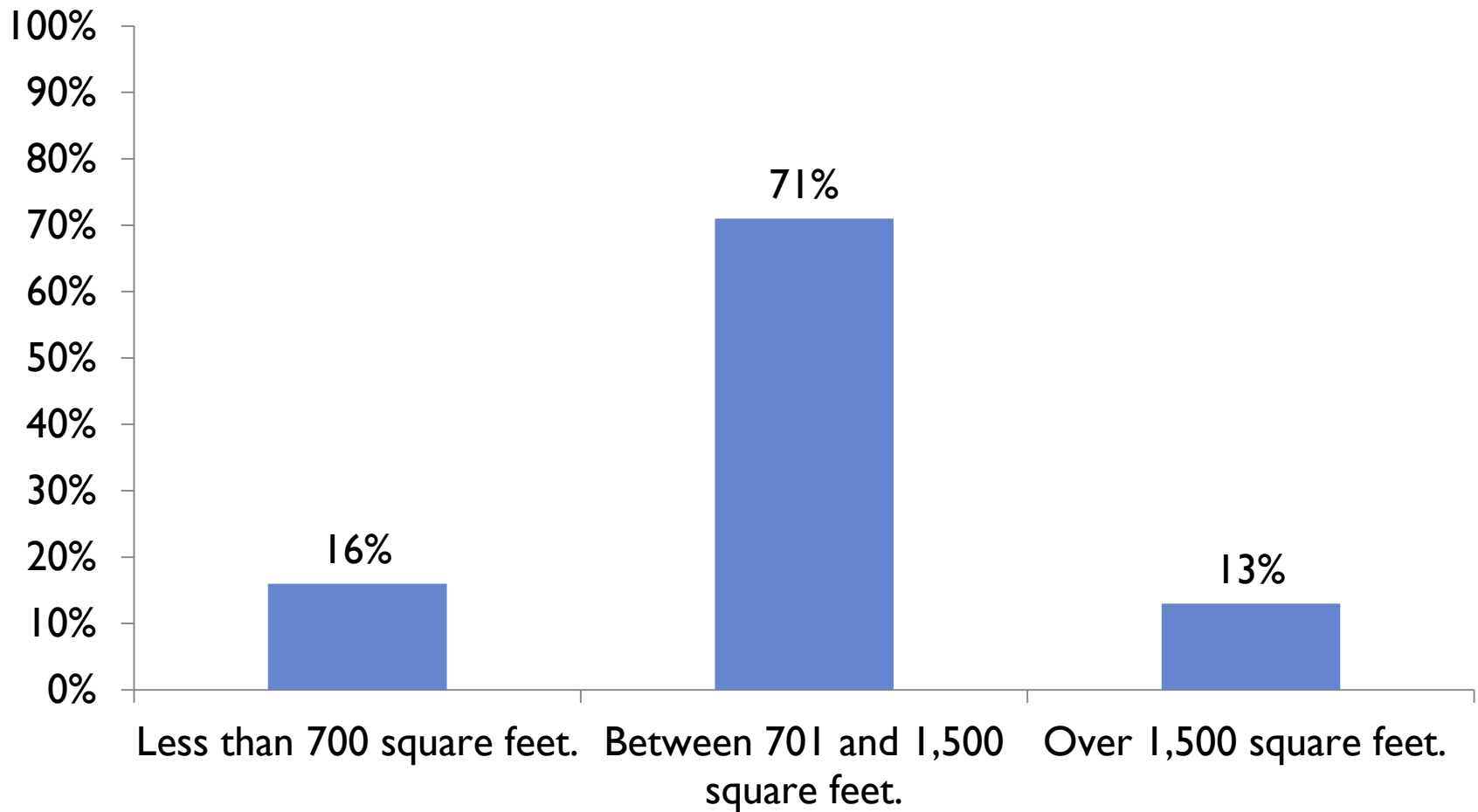
- 64% Continue living in my current home in Juneau.
- 20% Move to an apartment in Juneau within walking distance of restaurants, activities, and services.
- 13% Move out of Juneau part time and continue to live in my current home when in Juneau.
- 3% Move out of Juneau where the cost of living is less expensive.

Assume you are a 70-year-old individual living in Juneau, who is healthy and has no trouble with activities of daily living, what is your preference with regards to housing size?

1. I prefer a smaller residential unit that is less than 700 square feet.
2. I prefer a medium size residential unit that is between 701 and 1,500 square feet.
3. I prefer a larger size residential unit that is over 1,500 square feet.



# Housing Size Preference



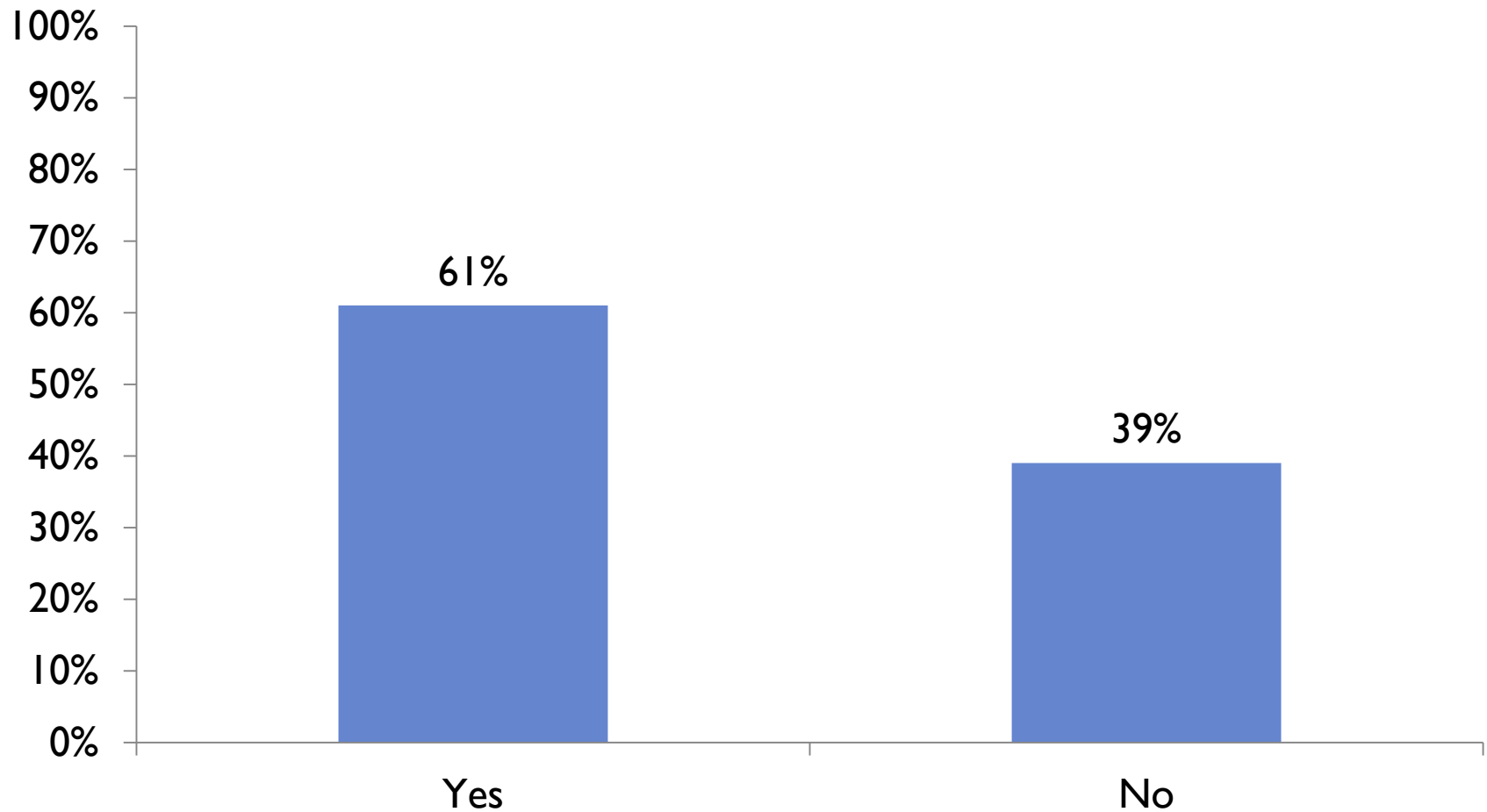
Assume you are a single 74-year-old individual living in Juneau, who is having trouble with several activities of daily living and need long term services and supports, if a spot opened up at the Juneau Pioneer Home, would you move in?

1. Yes
2. No





# Move into Pioneer Home for help with ADLs



Assume you are a single 74-year-old individual living in Juneau, who is having trouble with several activities of daily living and need long term services and supports, identify the items that are most important to you in a living situation. Please pick your top 3.

- |  |  |
|--|--|
| 1. Proximity/walkability to community services | 7. Proximity and/or views of the natural environment |
| 2. 24 hour care                                | 8. Care coordination                                 |
| 3. Common areas                                | 9. Personal care assistance                          |
| 4. Private space                               | 10. Low cost   |
| 5. Meal and chore services                     | 11. Activities                                       |
| 6. Dementia care                               |  |

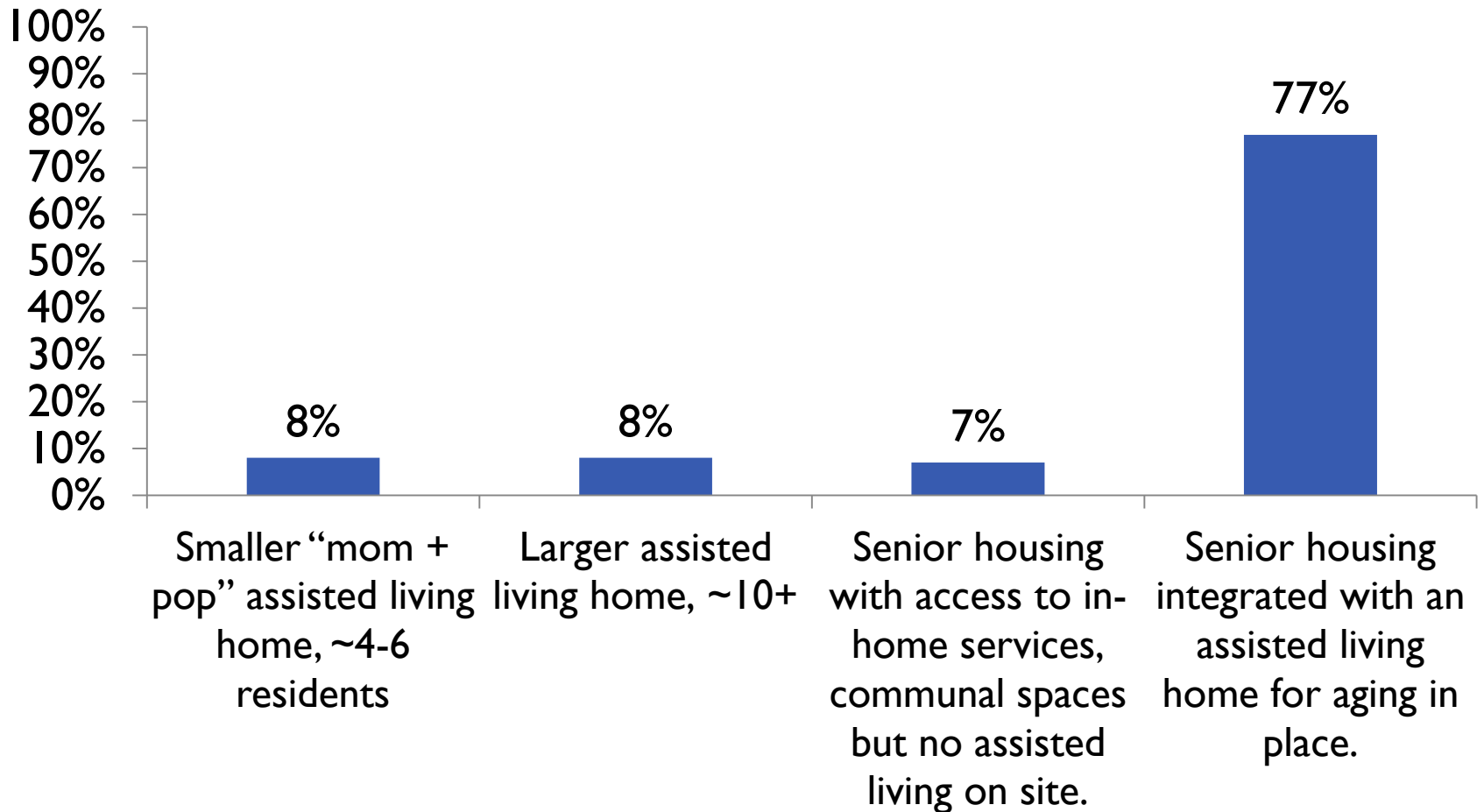
# Most Important Feature: Seniors who Need Assistance with ADLS

38	Private space
35	Proximity/walkability to community services
26	Meal and chore services
25	Personal care assistance
25	Proximity and/or views of the natural environment
16	Low cost
14	Care coordination
11	24 hour care
10	Activities
7	Dementia care
1	Common areas

Assume you are a single 74-year-old individual living in Juneau, who is having trouble with several activities of daily living and need long term services and supports; please select your top preference for housing.

1. Smaller “mom + pop” assisted living home, ~4-6 residents
2. Larger assisted living home, ~10+
3. Senior housing with access to in-home services, communal spaces but no assisted living on site.
4. Senior housing integrated with an assisted living home for aging in place.

# Help with ADLs: Preferred Housing



Where would be the ideal location for a residential community that would include approximately 20 units of assisted living and 20 units of senior housing? Please pick your top 2.

- |                                   |                 |
|-----------------------------------|-----------------|
| 1. Mendenhall Valley              | 7. Twin Lakes   |
| 2. Near the Airport               | 8. Lemon Creek  |
| 3. Auke Bay                       | 9. Out the road |
| 4. West Juneau                    | 10. Other       |
| 5. Douglas                        |                 |
| 6. Downtown / Willoughby District |                 |

# Preferred Location

44	Downtown / Willoughby District
20	Twin Lakes
18	Mendenhall Valley
12	Auke Bay
11	West Juneau
11	Douglas
7	Lemon Creek
5	Near the Airport
3	Out the road
1	Other

# Small Group Break Out Session # 2

## 20 minutes: then report back

- What do you see as the best solution for providing housing and services to Juneau seniors?
  - Size
  - Location
  - Care setting (small assisted living, senior housing, combo)
  - Types of services and amenities
- Are there other things we are missing should be considered?



# Final Questions: Background Information

These responses are  
**CONFIDENTIAL** and will not appear  
on the screen.

# Wrap Up – How to Stay Involved

- How to stay involved:
  - Contact Sioux Douglas or others at Senior Citizens Support Services, Inc.
  - [JuneauSeniorAssistedLiving@gmail.com](mailto:JuneauSeniorAssistedLiving@gmail.com) or 907.463.3042
- Stay tuned for a release of the final report in September
  - Juneau Economic Development Council
  - Contact Margaret O’Neal ([moneal@jedc.org](mailto:moneal@jedc.org)) or 907.523.2300
- For information about what services are available:
  - Southeast Senior Services to know more about services
  - 907.463.6100
- Contact Southeast Alaska Independent Living Center
  - 907.586.4920