



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

SOUTHEAST REGIONAL ELDERCARE COALITION

October 3, 2025, 8:30AM

Meeting Minutes

Zoom Link:

<https://us02web.zoom.us/j/89966612080?pwd=Y2s1MU16dzdjbFkraFF4ZFZjcXNPQT09>

Meeting ID: 899 6661 2080

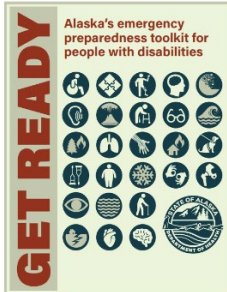
Passcode: 471844

1. **Call to Order:** 8:30AM
2. **Agenda Approval** – Vaness Burns motioned for approval of the agenda and Megan Bauman seconded the motion.
3. **Minutes Approval** – Minutes were released following the last meeting but not attached with the meeting reminder. We will approve minutes in the November meeting.
4. **SREC Project Update** – Tonya Muldoon (Report Slides at end of notes)
 - a. Ketchikan Resource Fair
 - i. Comment: Rendezvous Senior Day Services engaged with about 17-20 with interest in their programming and has had four follow-up calls to date. They have been granted support but could use adult briefs.
 - b. The Get Ready Tool kit has been updated and is now available online. For a physical copy of the new Get Ready! Toolkit – contact Alaska Governor’s Council on Disabilities & Special Education (GCDSE) staff Lanny Mommsen at: Lanny.Mommsen@alaska.gov or call (907) 269-8992



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Online Link:

<https://health.alaska.gov/media/konegsxd/readynowtoolkit-web.pdf>.

- c. Direct Support Professional Agency Collaboration Meeting, September 24, 2025, in Juneau. SREC Steering Committee met with Community Connections, Compass Home Care, Cornerstone Home Care, Center for Community, and Consumer Direct Care Alaska to review shared goals and discuss viable solutions.
 - d. Letter of Support for Home Modification funding. Go to the SILC/SAIL website <https://www.alaskasilc.org/> or directly to the form: <https://form.jotform.com/252684525415157>, to help support the efforts to get these services functional.
 - e. Call for Best Practice speakers for November or December meeting.
5. **SREC Steering Committee Report** – Sharyl Yeisley
 - a. Sub-Committee Workforce Development, contact Tonya Muldoon if you are interested.
 6. **Advocacy Sub-committee** - Wayne Stevens
 7. **Best Practice:**

Speaker #1

Kristy Hill, SERRC MASST Coordinator, spoke about the Mature Alaskans Seeking Skills Training (MASST) program. They are recruiting in several areas across the region.



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Alaska offices located in Juneau, Fairbanks, Kenai, Wasilla, and Anchorage.

MASST is a national program offered in all 50 states and is also known as the Senior Community Services Employment Program. The MASST program is not a job placement program, it is a program for Alaskan resident seniors 55+ years and older who are low income, and unemployed seeking employment but are not ready for a job. The senior is required to have a valid ID card, to share household income information for program eligibility, and engage in weekly job searches. The goal of the program is to help develop references, fill gaps in employment, and improve employment skills. Some seniors have accessed the program to assist in completing the required 40 quarters of employment to receive Social Security Administrative retirement payments. The program pays a training wage of \$15 per hour for part-time work (up to 20 hours per week) for up to a total of 48 months (nationally). The program can be utilized in all 50 states but only for 48 months lifetime total per recipient. So, a senior could start working in Alaska and move to another state and engage again in the program with whatever time is remaining to a total of 48 months. The program provides employment training through non-profit (501C3) host agencies. The host agency offers training for seniors that have contacted them for employment. Positions available cannot be due to layoffs, terminations, or just filling vacancies (but ok if you have opening). The Division of Vocational Rehabilitation/Tribal Vocational Rehabilitation will assist with seniors who have disabling conditions or job ready needs such as clothing, bus pass, or glasses.

Comment by David Ringle: St. Vincent De Paul utilized the program with service people who started with training in their facilities, and all eventually applied and were accepted for paid positions. Highly successful experiences for both the senior and the host agency.



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For more information to connect a senior to the MASST Program or to become a host agency please contact Kristy Hill at:

Email contact: kristyh@serrc.org

Phone: (907)586-6806

SERRC - Alaska's Educational Resource Center website

<https://serrc.org/masst/>

Additional Feedback from Rita Gray, CWDP

*State of Alaska Department of Labor and Workforce Development Senior
Community Service Employment Program*

Phone Contact (907) 465-4872

Maintenance of Effort (MOE) requirements for the Mature Alaskans Seeking Skills Training (MASST)

Maintenance of Effort (MOE) requirements for the Mature Alaskans Seeking Skills Training (MASST) ensure that the program's community service assignments create new, additional employment opportunities rather than replacing existing jobs, displacing current workers, or allowing the use of federal funds for tasks that host agencies would otherwise fund. Specifically, MASST MOE prohibits actions like reducing the number of employment opportunities available to non-participants, impairing existing contracts, or substituting federal MASST funds for local funds to do work that would have been done anyway.

Key MASST Maintenance of Effort Rules

MASST requires that participant assignments meet the following criteria:

- **Increase Employment Opportunities:**



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New part-time positions must be created, increasing the total number of jobs available to the community.

- **Do Not Displace Current Workers:**

Assignments must not lead to the reduction of hours, wages, or benefits for existing employees.

- **Do Not Impair Contracts:**

MASST funds cannot be used to fulfill an existing service contract that would have been completed without federal assistance.

- **No Substitution of Funds:**

Federal MASST funds should not replace other local or state funds for services that would otherwise be provided.

- **Do Not Hire from Layoffs:**

Participants cannot be assigned to perform the same work as another individual who is currently laid off from the same position.

How it Works

Partnering with Host Agencies:

MASST matches participants with community service assignments at local nonprofit organizations and public agencies.

MOE in Practice:

Before a host agency takes on a MASST participant, the agency confirms that the position is an addition to their normal budgeted employment and does not violate any of the MOE rules.

Ensuring Program Integrity:

The U.S. Department of Labor which administers MASST/SCSEP, and the Older Americans Act establish these rules to guarantee that the MASST program is truly providing new opportunities for older, low-income, and unemployed individuals, rather than simply shifting costs, or creating jobs that already exist.



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Speaker #2

Vanessa Bruns Ketchikan Pioneer Home Administrator and Megan Bauman, Social Services Program Coordinator Pioneer Home Central Office presented on the Pioneer Home System.

The Pioneer Home System has facilities in Ketchikan, Juneau, Sitka, Anchorage, Palmer, and Fairbanks. The Pioneer Home Central office is in Juneau.

Resident Eligibility:

- 60+ years or older
- Alaska resident for a minimum of one (1) year
- While of inactive and/or active waiting list, must remain an Alaska resident.

Application Process:

Applications are available online at their website:

<https://dfcs.alaska.gov/daph/Pages/default.aspx>. Applications can be printed and brought to any Pioneer Home facility for submission or mailed to the central office.

Online services include the application process, doctors can submit History and Physical documentation, and you can request changes to your waiting list status.

Funding Assisted Living:

The Pioneer Homes accept private payment, private long-term care insurance, State of Alaska Payment Assistance, and Medicaid Wavier. For Medicaid Wavier application, the resident will be a level 3 or higher need and will have 2-3 hands-on assistance needs.

New Services:



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Level 5 placement, Complex Behaviors is now available at the Anchorage Pioneer Home. They have a unit with 9 beds with 1 to 3 staff ratios. The unit is secured and will collaborate with residents who suffers from any combination of dementia, mental illness, substance abuse, harm to others, and harm to self-type behaviors.

In Ketchikan, the Rendezvous Senior Day Services and the Ketchikan Pioneer Home have an agreement that residents can attend the day services while residing in the facility. Residents love the community connection. Medicaid Wavier is paying for both services.

Pioneer Home website: <https://dfcs.alaska.gov/daph/Pages/default.aspx>

Pioneer Home Central Office: (907) 465-4416

Email: alaskapioneerhomes@alaska.gov

8. Comments from members:

- **Marianne Mills, of Catholic Community Services is retiring.** Jennifer Garrison and Bridgette Guzy will be supporting her duties moving forward.
- **Wellness Within LLC,** has Care Coordination services open for all Medicaid Wavier types, TEFFRA benefits. Sharyl Yeisley provides free notary services for seniors in the evenings and weekends.

9. Adjournment: 9:37AM

10. Next Meeting

Scheduled November 7, 2025, at 8:30AM

11. Upcoming Events



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Celebrating Value and Talent

National Disability Employment Awareness Month

AMERICA 250

OFFICE OF DISABILITY EMPLOYMENT POLICY
UNITED STATES DEPARTMENT OF LABOR

#NDEAM
80th Anniversary
dol.gov/odep

- **Community Hospital Patient and Family Advisory Meeting** at the Riverview Senior Living Center. Come share your thoughts with your community hospital via the BRH Patient and Family Advisory Council. Discussion Topic is: What Matters. How to get the personalization of YOUR goal (to go to a wedding in NY, to walk the dog 3 blocks, to make it upstairs without falling or SOB) etc.) Plus, topics that YOU want to bring up. Please join us in the library upstairs in **Riverview Senior Living. OCTOBER 8th 4-530ish**. Light refreshments. Questions, Rhonda Ward BRH Patient and Family Advisory Chairperson (907) 796-8918
- **Alaska Commission on Aging (ACoA) celebrating Ageism Awareness Day: Overcoming Ageism webinar by Zoom**
Learn what ageism is, how to overcome it internally and in society, and how to report age discrimination in Alaska.
Thursday, October 9th 12pm-1:30pm



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<https://us02web.zoom.us/j/84388866103>

- **Alzheimer's Resource Alaska**

Is offering two programs for people who are interested in taking action to stay cognitively well. Both start in October.

- **Ten Keys** - In-person in Wasilla. A ten-session program to help reduce our risk of dementia. Learn about the modifiable risk factors, set goals, and celebrate successes.
- **Mind Sharpener** - Offered online. Twelve sessions of full-brain workouts.

Contact Jane Thomas, Outreach Specialist, Mat-Su. 1-800-478-1080. Flyers will be attached to email for SREC Coalition Meeting.

- **Alaska Wisdom & Wellness Podcast Launch: Watch Now**

ACoA's NEW Podcast: Alaska Wisdom & Wellness! You can learn more and listen to the first three episodes here:

wisdom.alaska.gov. Tune in and learn about the wonderful resources available to protect you from scams, how to report fraud, what the Medicare Information Office provides to Alaskans, and the services of the Aging and Disability Resource Centers! The next episode is coming soon!

- **Celebrating Alaska's Centenarians: Watch the Video!**

ACoA had the immense pleasure of speaking with more than twenty Alaskan Centenarians, Alaskans who are age 100 or older, in honor of National Centenarians Day, September 22nd. They partnered with the Alaska Long Term Care Ombudsman Office and Alaska Pioneer Homes. The [Senior Voice](#) is offering monthly stories, you can read about two Alaskan Centenarians in this month's Senior Voice issue: [John F. Strong here](#) and [Esteline Moe here](#). Listen to Alaska Public Media's coverage of the project [here](#). Watch the ACoA **video celebrating Alaska's Centenarians on Facebook page [here!](#)**



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Community Events

[The Cost of Care: Funding Options for Long-Term Care Needs](#) Sponsored by Home Instead.

Oct. 1 | 9am AKDT

Weekly Events

- **Sitka Coffee Time**

Thursday, October 30th, 2025

Thursday December 18th, 2025

Wednesday February 4, 2026

Wednesday March 11, 2026

Wednesday, April 8, 2026

Thursday May 14, 2026

11AM-1:30PM

Harrigan Centennial Hall

Sitka, Alaska

Contact: Sitka Tribe of Alaska (907) 747-3207

- **Juneau Senior Center**

Mondays 11AM Senior Sing Along with Jackie

Tuesdays 11:45AM Music with Tom Locher

Wednesdays 11:00AM Senior Chair Yoga

- **Art for Self-Care**

Tuesdays

5:30-7PM

418 Harris St #315 Juneau

These are groups designed to promote self-care using a variety of art activities. For adults to help relieve anxiety, depression, and stress especially during the winter months. Please RSVP: Shawn Hatt Cohen (907)321-5414 txt



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- **Beginning and Advanced ESL Classes**
Tuesdays
5:30-7:30PM
Mendenhall Valley Public Library
3025 Diamond Park Loop Juneau, Alaska 99801
Beginning ESL offered from 5:30PM-6:30PM and Advanced ELS
Classes are offered from 6:30-7:30PM. Free. Check out the
Learning Connection website at [https://tcalaska.org/english-
language-learning-citizenship/](https://tcalaska.org/english-language-learning-citizenship/) or call (907) 586-5718 for more
information.
- **Senior Balance Class**
Activities vary each week including tea & chat, trivia, arts etc.
Wednesdays at 2PM
Alaska Native Brotherhood Founder's Hall
Sitka, Alaska
Info Brave Heart Volunteers (907)747-4600
- **Tai Chi**
Mondays 7-8:00AM
Mountain View Manor
Petersburg, Alaska
- **Family Game Night**
Tuesdays and Fridays 6:30-8:30PM
Parks and Rec Community Center, Activities Room
Petersburg, Alaska

Monthly Events

- **Coffee, Tea and Chat for Patients and Family**
Bartlett Regional Hospital Cafeteria Juneau
Tuesday 10-11:00AM
Event info: www.bartletthospital.org
Contact: Rhonda Ward 907-796-8918



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- **Chair Yoga at the Library**
Tuesdays 10:30-11:30AM
Ketchikan Public Library
398 Copper Rd Ketchikan, Alaska 99901
- **Ketchikan Indian Community Elder's Day Center**
201 Deermount Street Ketchikan
Balance Training, Caregiver Support, arts, and crafts and more.
Contact Sandra Anthony email: santhony@kictribe.org or phone
(907)228-9403.
- **Sacred Harp Sing**
Beginners and listeners' welcome
Every Second and Fourth Sundays on the month
3:00PM
Pioneer Home Chapel
Sitka, Alaska
Contact: Sara at (907)747-2915
- **Sharing Coalition Meeting**
The group focus is community health and engagement through
strong partnerships between organizations and individuals.
Everyone is welcome.
Date varies, monthly.
12-1:00PM
Dorothy Ingle Conference room Petersburg Medical Center
Petersburg, Alaska

Support Groups (Juneau)

- **Riverview Senior Living**, in Juneau is offering free Support for
Memory Care, RSVP Zoom meeting, See flyer for more
details: [Riverview Memory Matter Support Group flyer](#)



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Every 2nd Tuesday of the month

- **Widow's and Widower's Garden Support Group (WE ARE ALL LIVING IN THE GARDEN OF LIFE)**
Riverview Senior Living
3041 Clinton Dr
Juneau, Alaska 99801
First Monday each month 2-4PM
More information contact Diane Kyser at (907) 723-1917
- **Virtual Low Vision Support Group**
Every 3rd Tuesday of the month
Wildflower Court (Juneau)
Call Linda Newman at Southeast Alaska Independent Living (SAIL)
for more info: Email: lnewman@sailinc.org.
- **Deaf Support Group**
Mets in Juneau in various locations. Contact Pam Guy for details.
Email psmguy2@gmail.com or text 907-314-0732 for more
information.
- **Cancer Connection Support Group**
Every 3rd Tuesday of the month
First Floor Conference Room
8711 Teal St Juneau, Alaska 99801
Contact: www.cancerconnectionak.org
(907)796-2273, or email: admin@cancerconnectionak.org
- **NAMU Juneau Peer-Led Dialectical Behavior Therapy (DBT) Skills Workshop**
First Wednesday of the month
5:30-6:30PM
8711 Teal St. Main Floor Conference Room
Information: www.namijuneau.org/support-groups



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- **Caregiver Support Group**
Every 1st Friday of the month
Ketchikan Saxman Senior Center
2401 Eagle Ave
Saxman, Alaska
Information: (907) 225-8080
- **Low Vision Support Group**
First Monday's 1:00-2:30PM at the Plaza Mall, Ketchikan. Contact
Brenda Loughman for more information. Email:
loughmanb@kpunet.net



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October 2025: SREC Program Director Report



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Brought to you by  JEDC

KETCHIKAN ELDERCARE RESOURCE FAIR SURVEY RESULTS September 12, 2025



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In-Home Care Community Need

Are you currently receiving in-home care services?

- 98.9 % Not receiving in-home care

Do you need in-home care services?

- 11.1% Need in-home care
- 87.5% Do not need in-home care



Eldercare Resource Learning

Did you learn about any new services or programs from the Eldercare Resource Fair?

- 87.5% learned about a new service or program



Great info for all

Wellness Within, LLC I knew about the services but not the details of the services.

Assisted Living, Housing, and food programs

Where to go when we need help!

UAS and Home Hospice Services

Facebook





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Elder Identified Services and Programs



Are there any services or programs you would like to see available in Ketchikan?

- More easily assessable homecare
- Connection with low-income housing providers – Grow Ketchikan and others
- Home Repairs for Services
- Always! Assisted Living, Housing, and Food Assistance
- More Senior Rentals
- Mental Health housing and services



Annual Resource Fair

- Would you like to have an Annual Eldercare Resource Fair in Ketchikan?
- 75% would like to see an annual resource fair





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Comments, Ideas and Interests...

Any comments, ideas, or interests you would like at a future event?

Keep up the good for seniors, Thank you!

This one has been thorough. Can't think of other ideas.

Making the Resources more known. Loved having this Elder Fair.

Nice group of people!

Wonderful Event - Thank you!

Good Resources!



Other data...

Participate Count –
Confirmed 75
estimated 100

16 - In-Person Vendors,
5 - informational tables
representing services
and programs

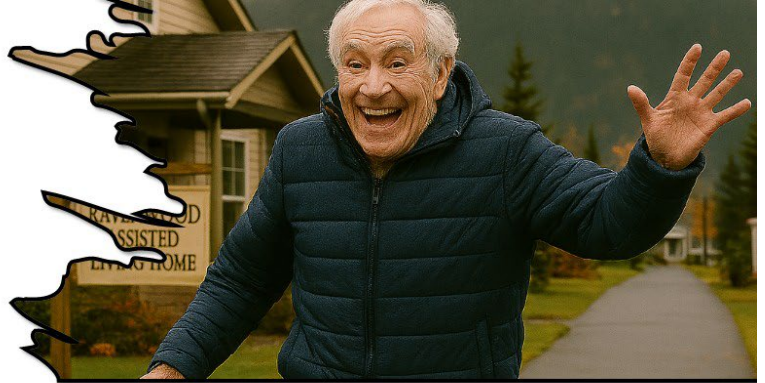




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**Thank you to
the Plaza Mall,
All the vendors who
participated in the
Ketchikan Eldercare
Resource Fair
and those who
shared long
distance!**



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Direct Support Professional Agency Collaboration Meeting



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Brought to you by  **JEDC**



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Direct Support Professional:

Agency Collaboration Meeting

September 24, 2025, at the JEDC Summit Conference Room

Agency's Represented:

- Cornerstone Home Care
- Compass Home Care
- Consumer Direct Care Network Alaska
- Center for Community
- Community Connections
- SAIL
- Catholic Community Services





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Direct Support Professional: Agency Collaboration Meeting

Suggestions:

- Shared advertising – a Timeless Marketing Campaign
 - for senior navigation
 - for future caregivers
- Employee bonuses
- Physician Reference Materials
- Road Map Brochure
- Leadership Education
- Funding support for DSP Agency for Environmental Modification pilot
 - Contractor and handyman coordination

**Solution
Focused
Ideas**



Extending a Big Thank You for the participants from the following agencies who joined together to collaborate on shared goals!

**Cornerstone Home Care
Compass Home Care
Consumer Direct Care Network
Alaska
Center for Community
Community Connections
SAIL
Catholic Community Services
JEDC**



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Sign the Letter ... Restore Funding for Home Modification & Upgrades Program for Alaskans



Website <https://www.alaskasilc.org/>

Directly to the form: <https://form.jotform.com/252684525415157>



"To watch us
dance is to
hear our
hearts speak"
— Unknown

