



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

SOUTHEAST REGIONAL ELDERCARE COALITION

November 7, 2025, 8:30AM

Meeting Minutes

Zoom Link:

<https://us02web.zoom.us/j/89966612080?pwd=Y2s1MU16dzdjbFkraFF4ZFZjcXNPQT09>

Meeting ID: 899 6661 2080

Passcode: 471844

1. **Call to Order 8:33AM**
2. **Agenda Approval** – Wayne Steven motioned, Brian Holst Seconded, Agenda approved.
3. **Minutes Approval** – Wayne Stevens motioned, Brian Holst Seconded. Minutes approved.
4. **Community Update: Erin Walker-Tolles**
 - a. Update on Capital AKcess in Juneau

The new contractor, Ground Transportation Solutions, will only be providing rides to those with current ADA cards effective November 1, 2025. Senior riders without an ADA card should apply immediately. Those with ADA cards should call Capital Transit to ensure their card is current. Contact Capital Transit:

- Phone: [\(907\)-789-6901](tel:(907)-789-6901)
- Email: capital.transit@juneau.gov
- Fax: (907) 586-0912

Additional information in Upcoming Events section below.



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

Erin Walker-Tolles, explanation the changes in providers based on the lowest contract bidder for the transportation services in Juneau. CCS had been supplementing the contract to offer support to those who were on Medicaid Wavier, elder or person with disabilities, and others. Services will now only be for those with an ADA card.

- b. Update on SNAP benefits, October 28, 2025, DSDS release, below in Upcoming Events.
 - i. New program will require workforce requirements for those receiving SNAP benefits. Recipients will need to verify 80 hours per month of employment.
 - ii. There will be some new requirements that will limit access to food support for non-citizens.
 - iii. There is a federal plan to reduce the amount of SNAP benefits for participants over the next several years.

5. **SREC Project Update** – Tonya Muldoon

- a. UAS, CNA courses, position opening for UAS Apprenticeship Coordinator
- b. Environmental Modifications/Aging in Place – Continued development for construction workforce survey to help identify contractors interested in a senior market.
- c. Workforce Development – DSP follow-up. SREC staff are continuing to draft ideas and suggestions to share with DSP leadership.
- d. SREC Website – Updated with notes and other community activities.
- e. Navi Tool – Workgroup Start Thursday, November 13th at 9:00AM



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

i. Join Zoom Meeting

<https://us04web.zoom.us/j/78960492675?pwd=dRloMktST483KO1NJLL0yexJWeEfA.1>

Meeting ID: 789 6049 2675

Passcode: 7N1uVB

Tonya Muldoon shared that the website has been accessed by 7.7K since March 2025 with 1000+ repeat users.

- f. Reminder about Medicaid Part D enrollment, more info below in Upcoming Events. Make sure your prescription benefits will cover your needs for the next year.
- g. Call for Best Practice speakers for January meeting.
 - i. Suggestion about having Jennifer Twito come speak about Bartlett Regionals Workforce Development Trainings and programs.

6. **SREC Steering Committee Report** – Sharyl Yeisley was unavailable.

Tonya Muldoon, presented.

- a. November: Family Caregiver Month Proclamation (shared)
- b. Sub-Committee Workforce Development, pending date for meeting.
- c. National Alliance for Caregiving and AARP have released the



Caregiving in the US 2025 State Data Profiles and Caregiving in the US 2025: Caring Across States, state by state analysis documenting the challenges family caregivers face nationwide.

Download Report file: <https://www.caregivingintheus.org/>



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

2025 Caregiving Tool Kit: <https://www.caregiving.org/caregiving-in-the-us-2025-toolkit/>

- d. Reminder that the SREC Steering Committee will be meeting in December or January for their annual planning meeting. There are openings on the Steering Committee, and the co-chairs positions are elected. If interested in participating on the Steering Committee, please reach out to Tonya Muldoon.
 - i. The Coalition will be asked about priorities and strategic planning for the future of the group.

7. **Advocacy Sub-committee** - Wayne Stevens

- a. A reminder for folks to sign on to the letter created by Marianne Mills, President of AGENet, and Michael Christian, Executive Director of the Statewide Independent Living Council, requesting that Governor Mike Dunleavy restore funding for the Home Modification and Upgrades Program. They are looking for as many signatures as possible to share Alaskans' apt interest in the Governor making this change. Initially, the deadline was 10/24, but it has been extended to 10/31. Please sign on!

Here is the link to the letter:

<https://form.jotform.com/252684525415157>

- b. SDS: Opportunities for Public Comment on Regulations
Details below in Upcoming Events.
- c. Mental Health Trust Advocacy Training on November 14th from 10am-3pm

8. **Best Practice:** Yasmin Radbod, Program Coordinator with the Alaska Commission on Aging, presented on the support that they provide to seniors statewide.

- a. The Alaska Commission on Aging (ACoA) is an advisory board that includes 7 members appointed by the Governor, 4 State of



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

Alaska agency representatives, and others with an interest in the concerns and needs of older Alaskans.

- b. The ACoA mission is to help make sure older Alaskans can live with dignity and independence and to help seniors lead useful and meaningful lives. We do this through activities that include planning, advocacy, education, and by helping make sure the agencies that serve Alaska's seniors are working together.
- c. Offers:
 - i. Regular grant, events, system changes, services, training updates by email
 - ii. Regular meetings
 - iii. Social media updates
 - iv. Alaska Wisdom and Wellness Podcast
 - v. Data collection – Senior Snapshot
 - vi. Creation of the State Plan for Seniors
 - vii. Statewide Senior Resources
 - viii. Have pins and magnets that state “Aging is Universal” to help with a societal perspective change that “aging is a privilege.”
 - ix. ACoA is planning a senior summit for July or August in Anchorage

Contact: doh.acoa.info@alaska.gov

Website: <https://health.alaska.gov/en/senior-and-disabilities-services/alaska-commission-on-aging/>

9. Employment openings:

- a. **NAMI** – JSPC Program Manager for Suicide Prevention

A full job description and information about how to apply:

https://www.namijuneau.org/_files/ugd/f5fc2f_6aa28e56e60d40e096253908c1e87466.pdf



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

- b. **SAIL** - is hiring an Aging and Disability Resource Specialist
Accepting applications until November 14th, 2025
For more information: <https://www.sailinc.org/jobs/>
- c. **Riverview Senior Living** – Accepting applications for caregivers, Medications Technicians, housekeepers, waitstaff, and cooks. For more information:
<https://www.riverviewseniorliving.com/>
- d. **UAS Juneau**, Dean of Career Education, Accepting applications through January 2026. For more information:
<https://careers.alaska.edu/jobs/dean-of-career-education-juneau-alaska-united-states-689833f4-2566-4a8a-a6b3-a7202d0b34ae>

10. **Comments from members:**

John Smith – T&H will have a senior Luncheon on December 4, 2025, from 11am-1pm. They are looking for speakers. SREC may wish to have a presence at the event.

David Ringle, St. Vincent De Paul

- a. Thanksgiving Baskets volunteers and food donations are needed. They have 210 people on the list, 40% higher than last year. Boxes will be delivered on November 22. If you would like to donate time, funds, or food please go to their website for more details. <https://svdpjuneau.org/event/thanksgiving-food-baskets/>
- b. There are two community meals available in Juneau for Thanksgiving dinner:
 - a. Salvation Army: Yacht Club
 - b. Resurrection Lutheran Church
- c. The Emergency Warming Shelter has opened on Thane Road with all new staffing. They are available from 9pM-6:45AM.



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

11. **Adjournment: 9:40AM**

12. **Next Meeting**

Scheduled December 5, 2025, at 8:30AM

13. **Upcoming Events**

- **SAIL Sitka November Calendar:** Attached to SREC Reminder email.

- **Alaska Legal Services: Last Will and Testament Clinic**

Saturday November 8, 2025, 9:30AM-3PM

St. Paul the Apostle Catholic Church

9055 Atlin Dr.

Juneau, Alaska 99801

To apply or pre-register for the event, individuals should fill out the attached paperwork and send an email to juneau@alsc-law.org, or call 907-586-6425. (Forms attached to reminder email).

- **The Alaska Governor's Council on Disabilities and Special Education shares the following information from World Institute on Disability (WID):**

Training: Alaska Disability Benefits 101

Wednesday, November 12th

11 AM – 12:30 PM AKDT

Professionals will learn how to use DB101 to:



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

- Explain SSI/SSDI rules/work incentives and the impact on state/federal benefits because of employment.
- Complete Estimators, including quick Estimators, and explain the results of the impact of earnings on benefits.
- Motivate and support plans for employment and transition to self-sufficiency.

Use registration link [here](#) Or Contact: Benefits101@wid.org for more information

- **Capital AKcess Service Changes**

From the AKcess website:

Effective Saturday, November 1, 2025, Capital AKcess will be changing contractors **Capital AKcess will be operated by [GTS](#), and the Capital AKcess phone number [\(844\) 425-2377](tel:8444252377), will be the only number to schedule a ride effective Saturday, November 1, 2025.**

- **UPDATE** Capital Transit is requesting Capital AKcess clients update their information and **CONFIRM** their ADA-Transportation eligibility is current.
- **Riders without a verified ADA transportation-disability will be ineligible to ride effective Saturday, November 1st, 2025.**
- **VERIFY** your ADA eligibility status, request an [application](#), or schedule an appointment for Transit staff to meet you at your place of convenience to review your application.

Contact Capital Transit:

- **Phone:** [\(907\)-789-6901](tel:9077896901)
- **Email:** capital.transit@juneau.gov



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

- **Fax:** (907) 586-0912

FAQ:

Starting Saturday, November 1, 2025, Capital AKcess will be operated by [GTS](#), and the Capital AKcess phone number [\(844\) 425-2377](#).

Why is there a change with Capital AKcess?

- Capital AKcess is funded by the City and Borough of Juneau (CBJ) as a part of public transit. CBJ fiscal policy requires contracts to be rebid in a public process.
- On September 22, 2025, the CBJ Assembly awarded the Capital AKcess contract to Ground Transportation Solutions (GTS) as the lowest bidder.
- GTS is a local transportation company experienced with ADA organizational partnerships.

How will the change of contractor affect my paratransit ride services?

- Capital AKcess complimentary paratransit services are for clients who have been recognized by Capital Transit staff as meeting ADA-transportation disability requirements.
- All riders currently using Capital AKcess are strongly encouraged to verify their eligibility status with Capital Transit by calling (907) 789-6901 or emailing capital.transit@juneau.gov
- Riders who are not recognized as ADA-transportation eligible will need to explore other transportation options.

What changes are there in how to arrange a ride?

- **To schedule rides, clients or their case managers should call Capital AKcess using [\(844\) 425-2377](#).** The Catholic



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

Community Services' phone number will **no longer** reach Capital AKcess after 4pm on Oct. 31, 2025.

- Reservations will continue to require 24-hours advance request, with available scheduling up to 2 weeks in advance.

Will I have a new driver?

- Clients should expect to receive ADA paratransit transportation assistance from both new and familiar staff.

What other changes can I expect?

- Riders with approved ADA eligibility issued more than 3 years prior may be requested to update information or reapply. Capital AKcess is following the 3-year review requirement for ADA paratransit eligibility.
- Letters and [application forms](#) have been sent to the client address on file.
- ADA paratransit riders who have not received a letter are asked to contact Capital Transit.

What if I have other questions?

- **Please contact Capital Transit:**
- **Phone:** [\(907\)-789-6901](tel:(907)-789-6901)
- **Email:** capital.transit@juneau.gov
- **Fax:** (907) 586-0912

Please spread the word to seniors and others who use Capital AKcess in Juneau.

- **October 28, 2025: SDS E-Alert: Important Information Regarding Supplemental Nutrition Assistance Program (SNAP) Benefits**

As a result of the ongoing federal government shutdown, the U.S. Department of Agriculture, Food and Nutrition Service (FNS) has



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

directed states to stop the issuance of Supplemental Nutrition Assistance Program (SNAP) benefits for the month of November due to insufficient federal funds. This means that Alaskans may not receive SNAP benefits for November, even if they are authorized to receive them.

The SNAP program provides monthly benefits to help low-income households buy food they need for good health. An estimated 66,471 Alaskans will not be issued their November benefits until funding is restored.

SNAP is managed by the State of Alaska Department of Health Division of Public Assistance (DPA). DPA will continue to work with SNAP participants and applicants and process applications and renewals so that benefits can be issued as soon as Congress reinstates funding. In addition, DPA will maintain call center operations and client communication to ensure households can complete interviews, submit documents, and receive updates. SNAP benefits are distributed directly from a federal account to recipients' EBT cards. Reprogramming the federal system to instead draw funds from the state treasury is not feasible due to vendor and system timeline constraints.

The state also explored issuing paper warrants (checks) as an alternative to EBT cards. However, this approach also posed major challenges. Altering the federal system interface could disrupt eligibility records for all SNAP recipients and potentially require redeterminations once normal operations resume. In addition, paper warrants would involve a highly manual process



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

requiring extensive coordination with the USDA's Food and Nutrition Service.

DPA is closely monitoring the situation and anticipates additional direction from the federal government in the coming days. For additional updates, please visit

<https://health.alaska.gov/en/services/division-of-public-assistance-dpa-services/snap-nutrition-assistance/>

Questions? Email doh.dpa.info@alaska.gov.

- **Open Enrollment for Medicare Part D Prescription Drug Plans begins October 15th.**

It is the annual open enrollment time for Medicare Part D prescription drug plans. **Between October 15th and December 7th, Medicare beneficiaries can enroll in, change, or drop their prescription drug plan.** This means that new Medicare beneficiaries and existing beneficiaries can choose a Medicare Part D prescription drug plan to enroll in or update their existing plan. Plans change, so the Medicare Information Office recommends comparing available plans each year for the best value. Need help? Call [Alaska's Medicare Information Office](#) at (800) 478-6065 or (907) 269-3680 for help with all your Medicare-related questions.

- **SDS: Opportunities for Public Comment on Regulations**

In response to [Administrative Order 360](#), the Department of Health is soliciting written and oral comments from affected industries, community organizations, and the general public regarding regulations and materials incorporated by reference in Alaska Statute and Administrative Code. The Department of



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

Health is undertaking this solicitation process to ask the public for ideas, suggestions, and input before the Department of Health drafts or proposes any specific regulation amendments or repeals for public review.

The Department of Health is particularly interested in specific ideas for regulatory change that may:

- clarify existing regulatory obligations;
- reduce costs for the public, industry, or government;
- improve or streamline procedures, application requirements, and review processes, for example reducing the time required to apply for a license, permit, or benefit;
- reduce administrative burdens;
- streamline permitting procedures;
- improve communication procedures;
- provide greater transparency with respect to standards, decision-making, and rationales for application processing;
- or
- clarify interagency roles.

Public Input Sessions:

The public input sessions will be held virtually and can also be accessed by toll-free phone number. Please visit the links below for additional information, including how to access the Zoom meeting for each session.

- **Nursing Facility Services and Intermediate Care Facilities for Individuals with an Intellectual Disability**
 - Monday, November 10 from 12–1 pm
 - Visit <http://notice.alaska.gov/221188> for meeting information and instructions.
- **General Relief Assisted Living Home Care**



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

- Monday, November 10 from 2–3 pm
- Visit <http://notice.alaska.gov/221190> for meeting information and instructions.

- **Home and Community-Based Waiver Services**
 - Wednesday, November 12 from 12–1 pm
 - Visit <http://notice.alaska.gov/221192> for meeting information and instructions.

- **Personal Care Services and Community First Choice Services**
 - Thursday, November 13 from 12–1 pm
 - Visit <http://notice.alaska.gov/221193> for meeting information and instructions.

- **Infant Learning Program**
 - Friday, November 14 from 12–1 pm
 - Visit <http://notice.alaska.gov/221194> for meeting information and instructions.

Other divisions within the Department of Health are also holding sessions specific to their own regulatory packages. Please review the [Online Public Notice](#) site or see the links below for additional areas that may be of interest.

- [Solicitation for Public Input – Department of Health, Division of Behavioral Health](#)
- [Solicitation for Public Input – Department of Health, Division of Behavioral Health, Supplemental](#)
- [Solicitation for Public Input – Department of Health, Division of Health Care Services, Background Check Program](#)
- [Solicitation for Public Input – Department of Health, Division of Health Care Services, Medicaid Program](#)



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

- [Solicitation for Public Input – Department of Health, Division of Health Care Services, Health Facilities Licensing & Certification Program](#)
- [Solicitation for Public Input – Department of Health, Division of Health Care Services, Residential Licensing Program](#)
- [Solicitation for Public Input – Department of Health, Division of Public Health](#)
- [Solicitation for Public Input – Department of Health, Medicaid Program Integrity](#)
- [Solicitation for Public Input – Department of Health, Office of Rate Review, Certificate of Need](#)
- [Solicitation for Public Input – Department of Health, Office of Rate Review, Medicaid Payment Rates](#)

Questions? Email doh.sds.info@alaska.gov

Community Events

- **Alaska Bald Eagle Festival**
November 7, 8, 9, 2025
Haines, Alaska
- **Annual Sitka WhaleFest**
November 7-9, 2025
Theme: Entwined
More information: <https://sitkawhalefest.org/>
- **Community Resource Connect**
November 12, 2025 ,11AM
Mendenhall Public Library
3025 Diamond Pk Loop



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

Juneau, Alaska

Speakers: Alaska Legal Services, SREC -Tonya Muldoon,

Discussion on community services and topic focused on POA/Advance Directives and alternative decision makers.

- **November (all month) Celebrate Dr. Walter Soboleff's Legacy with a Letter of Gratitude**



November 14th is Dr. Walter Soboleff Day. During the month of November, the Juneau-Douglas City Museum will provide a free note card, US postage, and an insert honoring the late Dr. Walter Soboleff to individuals interested in writing letters of encouragement and gratitude. Note cards, inserts, and stamps may be picked

up at the City Museum between 10am and 4pm Tuesdays through Saturdays in November. As an additional complimentary service, the Museum will mail completed cards. Larger groups may request in advance inserts to be picked up at the City Museum.

Dr. Walter Soboleff (November 14, 1908 – May 22, 2011) was an influential member of the Juneau community and throughout the state of Alaska. Of Tlingit and Russian German descent, he contributed to many organizations, including serving in all of the offices at Grand Camp ANB, participating in the Juneau Lions Club, teaching Native Cultural Studies at the University of Alaska, Fairbanks, serving in the AK National Guard, and his lifetime avocation as Presbyterian pastor for the Juneau Memorial Church and as a traveling preacher. He spent his life working with people, with the goal of higher education, self-respect, spiritual values, tolerance, and equality. In 2014, HB217 was signed into

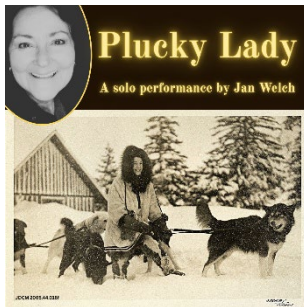


Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

law by the 28th Alaska State Legislature, 2nd session, “an act establishing November 14 each year as Dr. Walter Soboleff Day”. Throughout his long life, Dr. Walter Soboleff encouraged others with recognition and kindness. Those who knew him remember his frequently handwritten notes and cards. Through this simple act of recognition and caring, the Juneau-Douglas City Museum invites community members to send someone a note of encouragement this November in his honor. As Dr. Soboleff once said, “When you give, feel good about it.”

Juneau, Alaska



**November 20th Performance by Jan Welch from
6:00 – 7:00 p.m.**

Plucky Lady, a Solo Performance by Jan Welch
Thursday, November 20th | 6:00 – 7:00 p.m. | at the
City Museum

Join the City Museum for a free solo performance by Jan Welch. *Plucky Lady* brings to life the story of fearless Alaskan adventurer Mary Joyce, who came to Southeast Alaska in 1928 and instantly embraced its rugged beauty. She was a nurse, the owner of a hunting lodge, a mink farmer, bush plane pilot, stewardess, Alaska's first female radio operator, military advisor, territorial government candidate, movie actress and bar proprietor. But she is most famous for traveling 1000 miles by dogsled from Taku to Fairbanks in the harshest of conditions.

Jan Welch is a professional writer and actress who first learned about Mary Joyce when she visited Taku Glacier Lodge in the summer of 2023. She immediately knew she wanted to bring Mary's story to life in *Plucky*



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

Lady, the script she adapted from Mary Anne Greiner's book *Mary Joyce Taku to Fairbanks 1000 Miles by Dog Team*.

This project was funded in part by a Juneau History Grant from the Juneau-Douglas City Museum, City and Borough of Juneau, 2025.
Juneau, Alaska

- **Winter Arts Faire**

November 28, 2025, 5:00PM - Sunday November 30, 2025, 3:30PM

Ted Ferry Civic Center

Ketchikan, Alaska

More Info: email: programs@ketchikanarts.org

Phone: [907-225-2211](tel:907-225-2211)

<https://www.ketchikanarts.org/programs-events/local-arts-and-culture/ketchikan-area-arts-and-humanities-council/winter-arts-faire/winter-arts-faire.html>

Weekly Events

- **Sitka Coffee Time**

Thursday December 18th, 2025

Wednesday February 4, 2026

Wednesday March 11, 2026

Wednesday, April 8, 2026

Thursday May 14, 2026

11AM-1:30PM

Harrigan Centennial Hall

Sitka, Alaska

Contact: Sitka Tribe of Alaska (907) 747-3207

- **Juneau Senior Center**



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

Mondays 11AM Senior Sing Along with Jackie

Tuesdays 11:45AM Music with Tom Locher

Wednesdays 11:00AM Senior Chair Yoga

- **Art for Self-Care**

Tuesdays

5:30-7PM

418 Harris St #315 Juneau

These are groups designed to promote self-care using a variety of art activities. For adults to help relieve anxiety, depression, and stress especially during the winter months. Please RSVP: Shawn Hatt Cohen (907)321-5414 txt

- **Beginning and Advanced ESL Classes**

Tuesdays

5:30-7:30PM

Mendenhall Valley Public Library

3025 Diamond Park Loop Juneau, Alaska 99801

Beginning ESL offered from 5:30PM-6:30PM and Advanced ELS Classes are offered from 6:30-7:30PM. Free. Check out the Learning Connection website at <https://tlcalaska.org/english-language-learning-citizenship/> or call (907) 586-5718 for more information.

- **Senior Balance Class**

Activities vary each week including tea & chat, trivia, arts etc.

Wednesdays at 2PM

Alaska Native Brotherhood Founder's Hall

Sitka, Alaska

Info Brave Heart Volunteers (907)747-4600

Tai Chi

Mondays 7-8:00AM

Mountain View Manor



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

Petersburg, Alaska

- **Family Game Night**
Tuesdays and Fridays 6:30-8:30PM
Parks and Rec Community Center, Activities Room
Petersburg, Alaska

Monthly Events

- **Coffee, Tea and Chat for Patients and Family**
Bartlett Regional Hospital Cafeteria Juneau
Tuesday 10-11:00AM
Event info: www.bartletthospital.org
Contact: Rhonda Ward 907-796-8918
- **Chair Yoga at the Library**
Tuesdays 10:30-11:30AM
Ketchikan Public Library
398 Copper Rd Ketchikan, Alaska 99901
- **Sacred Harp Sing**
Beginners and listeners' welcome
Every Second and Fourth Sundays on the month
3:00PM
Pioneer Home Chapel
Sitka, Alaska
Contact: Sara at (907)747-2915
- **Sharing Coalition Meeting**
The group focus is community health and engagement through strong partnerships between organizations and individuals. Everyone is welcome.
Date varies, monthly.
12-1:00PM



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

Dorothy Ingle Conference room Petersburg Medical Center
Petersburg, Alaska

Support Groups (Juneau)

- **Riverview Senior Living**, in Juneau is offering free Support for Memory Care, RSVP Zoom meeting, See flyer for more details: [Riverview Memory Matter Support Group flyer](#)
Every 2nd Tuesday of the month
- **Widow's and Widower's Garden Support Group (WE ARE ALL LIVING IN THE GARDEN OF LIFE)**
Riverview Senior Living
3041 Clinton Dr
Juneau, Alaska 99801
First Monday each month 2-4PM
More information contact Diane Kyser at (907) 723-1917
- **Virtual Low Vision Support Group**
Every 3rd Tuesday of the month
Wildflower Court (Juneau)
Call Linda Newman at Southeast Alaska Independent Living (SAIL) for more info: Email: lnewman@sailinc.org.
- **Deaf Support Group**
Mets in Juneau in various locations. Contact Pam Guy for details.
Email psmguy2@gmail.com or text 907-314-0732 for more information.
- **Cancer Connection Support Group**
Every 3rd Tuesday of the month
First Floor Conference Room
8711 Teal St Juneau, Alaska 99801
Contact: www.cancerconnectionak.org



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

(907)796-2273, or email: admin@cancerconnectionak.org

- **NAMU Juneau Peer-Led Dialectical Behavior Therapy (DBT) Skills Workshop**
First Wednesday of the month
5:30-6:30PM
8711 Teal St. Main Floor Conference Room
Information: www.namijuneau.org/support-groups
- **Caregiver Support Group**
Every 1st Friday of the month
Ketchikan Saxman Senior Center
2401 Eagle Ave
Saxman, Alaska
Information: (907) 225-8080
- **Low Vision Support Group**
First Monday's 1:00-2:30PM at the Plaza Mall, Ketchikan. Contact Brenda Loughman for more information. Email: loughmanb@kpunet.net