



Southeast Regional Eldercare Coalition

Quality Care • Care Coordination • Social Engagement

SOUTHEAST REGIONAL ELDERCARE COALITION

March 6, 2026, at 8:30AM

Meeting Minutes

Zoom Link:

<https://us02web.zoom.us/j/89966612080?pwd=Y2s1MU16dzdjbFkraFF4ZFZjcXNPQT09>

Meeting ID: 899 6661 2080

Passcode: 471844

1. Call to Order 8:35AM

2. Agenda Approval -Royal DeAsis motion for approval of the agenda. Daine Kyser seconded motion. Agenda approved without changes.

3. Minutes Approval – Daine Kyser motion for approval of the agenda. Royal DeAsis seconded motion. Agenda approved without changes.

4. SREC Project Update – Tonya Muldoon

a. Innovation Summit Follow up.

Tonya Muldoon presented that the Innovation Summit brought 175 participants to the event. Sixty people engaged in SREC preconference training in three courses:

- “Foundations of Case Management: Community Resource Navigation” *Facilitated by Tonya Muldoon of the Southeast Alaska Eldercare Coalition;*
- The Aging Brain Unpacked: What’s Normal, What’s Not” *Facilitated by Lisa Sauder of Alzheimer’s Resource Alaska;* and



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- “Tools for Aging in Place: Exploring Assistive Tech in Action”
Facilitated by Tonya Muldoon of the Southeast Alaska Eldercare Coalition.

A special thank you for the work of Alzheimer’s Resource of Alaska was discussed as they provided preconference training and Summit participation offering a Dementia Simulation experience and Solutions Lab Deep Dive for participants.

Thank you for the support for the Solutions Lab Deep Dive “Aging Awareness: “Accessibility for All with Universal Design” with multiple specialists including: Paul Voelckers MRV Architects, Sherri von Wolfe, Architect, Cameron Carter, CEO and Co-Founder Rosarium Health, Daniel Bissinger, Certified Aging-in-Place Specialist JEDC, John Cooper, Certified Aging-in-Place Specialist Home Inspector and new National Association of Home Builders Educator, and Katie Warden Northwest ADA Center and team. We explored using the concept of Universal Design in the home, commercial, retail, and community locations.

And a final thanks to the team at Hansen and Gress for an AI station and opportunity for participants to access the NAVI tool and other innovative technology.

Main stage speakers were recorded and will be available online. We will post notes and other information from Innovation Shorts and speakers as much as possible for your review.

Coalition Comments: The Innovation Summit blended the topics beautifully, well done and highly informative. The data and causes for movement combined with the aging-in-place issues were very impactful.

5. **SREC Steering Committee Report** – Erin Walker-Tolles and/or Sharyl Yeisley
 - a. Steering Committee Annual Meeting Update



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i. Alaska Rural Health Transition Program SREC Discussion
Erin Walker-Tolles provided encouragement for applications for the Alaska Rural Health Transformation Program noting that in a recent meeting that Commission Hedberg encouraged pilot projects and to try new things. Erin suggested an opportunity to the coalition members if they would like to meet to discuss items and further collaboration. If this is of interest, please let Tonya Muldoon know so that a meeting can be scheduled.

tmuldoon@jedc.org.

- ii. Reminders that the funding does not support ongoing operations, major new construction, or capital projects.
- iii. RHTP initial Letters of Intent are due by 11:59PM March 11, 2026.

6. **Advocacy Update:** Wayne Stevens

a. Advocacy Letters Sent

b. **ACoA Legislative Priorities this Session**

- i. Our legislative priorities for this legislative session include:
- ii. Passing HB255 Senior PFD Raffle Bill
- iii. Passing SB190 Guardianship / Conservatorship
- iv. Passing SB124 / HB131 Nursing Licensure Compact
- v. Increasing Funding to Non-Medicaid Senior Services
- vi. Supporting the Governor's budget for Alaska Housing Finance Corporation's Senior Citizens Housing Development Program
- vii. Considering Guide House Long Term Support Services (LTSS) Rate Review Recommendations

c. What could coalition members do to support seniors in Alaska?

Discussion by Wayne Stevens with encouragement to write letters, emails, and/or call your legislator about what is important to Alaskan seniors. Tonya



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Muldoon will resend the advocacy letter to the coalition for review and take action to support change for Alaskan elders.

7. **Best Practice:** *Space Back*, Juneau company aiding with cleaning out residential spaces. www.spaceback.co

Derek, Founder of **Space Back**, presented his new for-profit local business in Juneau. He just recently formalized the business about a year ago. He has 10 years of experience from the creation of a similar program in Tennessee where he developed a home clean-out services and thrift store. He has a local crew of five men who have been offering informal community supports for the last five years. He does not have woman on the team but would love to have female staff available for those clients who have a gender preference for services.

Company offers support to clean out spaces in private homes or yards, storage units, and commercial spaces. They are not contractors for repairs but will help clear the area. They are licensed and insured for the scope of their work. Items that are identified as salvageable for repair and sale can be utilized to reduce the costs of cleaning out, reusable items are brought to local thrift stores and donation collection sites for reuse. They have a strong focus on reduction of use in the local landfill and are open to more ideas on where items could be taken in the community.

Pricing is based on cubic foot of space, backyard dumping weight, or weight estimate fee for single items. They are willing to provide estimates for removal of bio-hazard materials, with team approval per job. They are working on payment planning including sliding scales, grants acceptance, and insurance reimbursements. They are developing ideas for consignment services. They do have local references available about their services and would like to expand to other communities in Se Alaska.

Contact:

website: www.spaceback.co



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Email: team@spaceback.co

Instagram: @spacebackjuneau

Call or text (707) 245-4526.

8. Comments from members:

- a. Innovation Summit was a wonderful experience.

9. Adjournment: 9:30AM

10. Next Meeting: Scheduled April 3, 2026, at 8:30AM

a. Sub-Committees:

i. **Senior Empowerment and Advocacy** – Wayne

Stevens Sub-Committee Chair

Goal: Support policy, regulation, law, and procedural changes in the Alaska system to improve direct care services for seniors. **Third Wednesday of the month at 9am. Next meeting March 18, 2026**

Join Zoom Meeting

<https://us02web.zoom.us/j/85018791334>

Meeting ID: 850 1879 1334

ii. **Senior Access and Outreach Committee** Erin Walker-

Tolles, John Smith III Subcommittee Co-Chairs

Goal: Increase the number of elders receiving services.

Fourth Wednesday of the month at 9am. Next meeting is March 25 at 9am.

[Join the meeting now](#)

Meeting ID: 282 714 215 098 46

Passcode: 2yz3PY6G



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- iii. **Direct Care Talent and Training Subcommittee:**
Sharyl Yeisly, Brian Holst Subcommittee Co-Chairs
Goal: Workforce Development, increasing the number of direct-care staffing in the region. **Second Wednesday of the month at 9am. Next meeting March 11, 2026.**

[Join the meeting now](#)

Meeting ID: 238 259 257 373 05

Passcode: zg3ot2ZG

- iv. **Safe Homes and Accessibility Subcommittee:** Joan O'Keefe, Subcommittee Chair
Goal: Support and resources for Aging-in-Place, Environment Modification Services in Se Alaska for Medicaid Wavier and the general community.
First Wednesday of the Month at 9am. Next meeting March 4, 2026.

[Join the meeting now](#)

Meeting ID: 215 796 840 623 78

Passcode: Qq3Qh6Bc

11. Upcoming events:

- a. **Service Provider Connect**, formerly known as Community Resource Connect
March 11, 2026
11:00AM-1:00PM
Mendenhall Library, Juneau
Monthly topic: SUD Treatment
Coming in May 2026, Youth Resources



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Contact for more information Vilda Cooday at
vcooday@tlingitandhaida.gov

b. Alzheimer's Resource Alaska: Ten Keys to Dementia Risk Reduction

Mondays March 16-May 18 2-4PM in-person in Anchorage

Thursdays March 19-May 21 6-9PM virtual online, statewide

There is a \$200 fee for this program with registration required. Financial assistance is available. For more information or to register scan the QR code or mail Jane at
jthomas@alzalaska.org.



12. Weekly Events

- **Sitka Coffee Time**

Wednesday March 11, 2026

Wednesday, April 8, 2026

Thursday May 14, 2026

11AM-1:30PM

Harrigan Centennial Hall

Sitka, Alaska

Contact: Sitka Tribe of Alaska (907) 747-3207

- **Juneau Senior Center**

Mondays 11AM Senior Sing Along with Jackie

Tuesdays 11:45AM Music with Tom Locher

Wednesdays 11:00AM Senior Chair Yoga

- **Art for Self-Care**

Tuesdays

5:30-7PM



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418 Harris St #315 Juneau

These are groups designed to promote self-care using a variety of art activities. For adults to help relieve anxiety, depression, and stress especially during the winter months. Please RSVP: Shawn Hatt Cohen (907)321-5414 txt

- **Beginning and Advanced ESL Classes**

Tuesdays

5:30-7:30PM

Mendenhall Valley Public Library

3025 Diamond Park Loop Juneau, Alaska 99801

Beginning ESL offered from 5:30PM-6:30PM and Advanced ELS

Classes are offered from 6:30-7:30PM. Free. Check out the

Learning Connection website at [https://tcalaska.org/english-](https://tcalaska.org/english-language-learning-citizenship/)

[language-learning-citizenship/](https://tcalaska.org/english-language-learning-citizenship/) or call (907) 586-5718 for more information.

- **Senior Balance Class**

Activities vary each week including tea & chat, trivia, arts etc.

Wednesdays at 2PM

Alaska Native Brotherhood Founder's Hall

Sitka, Alaska

Info Brave Heart Volunteers (907)747-4600

Tai Chi

Mondays 7-8:00AM

Mountain View Manor

Petersburg, Alaska

- **Family Game Night**

Tuesdays and Fridays 6:30-8:30PM

Parks and Rec Community Center, Activities Room

Petersburg, Alaska



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Monthly Events

- **Coffee, Tea and Chat for Patients and Family**
Bartlett Regional Hospital Cafeteria Juneau
Tuesday 10-11:00AM
Event info: www.bartletthospital.org
Contact: Rhonda Ward 907-796-8918
- **Chair Yoga at the Library**
Tuesdays 10:30-11:30AM
Ketchikan Public Library
398 Copper Rd Ketchikan, Alaska 99901
- **Sacred Harp Sing**
Beginners and listeners' welcome
Every Second and Fourth Sundays on the month
3:00PM
Pioneer Home Chapel
Sitka, Alaska
Contact: Sara at (907)747-2915
- **Sharing Coalition Meeting**
The group focus is community health and engagement through strong partnerships between organizations and individuals. Everyone is welcome.
Date varies, monthly.
12-1:00PM
Dorothy Ingle Conference room Petersburg Medical Center
Petersburg, Alaska

Support Groups (Juneau)



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- **Riverview Senior Living**, in Juneau is offering free Support for Memory Care, RSVP Zoom meeting, See flyer for more details: [Riverview Memory Matter Support Group flyer](#)
Every 2nd Tuesday of the month
- **Widow's and Widower's Garden Support Group (WE ARE ALL LIVING IN THE GARDEN OF LIFE)**
Riverview Senior Living
3041 Clinton Dr
Juneau, Alaska 99801
First Monday each month 2-4PM
More information contact Diane Kyser at (907) 723-1917
- **Virtual Low Vision Support Group**
Every 3rd Tuesday of the month
Wildflower Court (Juneau)
Call Linda Newman at Southeast Alaska Independent Living (SAIL) for more info: Email: lnewman@sailinc.org.
- **Deaf Support Group**
Mets in Juneau in various locations. Contact Pam Guy for details. Email psmguy2@gmail.com or text 907-314-0732 for more information.
- **Cancer Connection Support Group**
Every 3rd Tuesday of the month
First Floor Conference Room
8711 Teal St Juneau, Alaska 99801
Contact: www.cancerconnectionak.org
(907)796-2273, or email: admin@cancerconnectionak.org
- **NAMU Juneau Peer-Led Dialectical Behavior Therapy (DBT) Skills Workshop**



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First Wednesday of the month

5:30-6:30PM

8711 Teal St. Main Floor Conference Room

Information: www.namijuneau.org/support-groups

- **Caregiver Support Group**

Every 1st Friday of the month

Ketchikan Saxman Senior Center

2401 Eagle Ave

Saxman, Alaska

Information: (907) 225-8080

- **Low Vision Support Group**

First Monday's 1:00-2:30PM at the Plaza Mall, Ketchikan.

Contact Brenda Loughman for more information. Email:

loughmanb@kpunet.net